

*care*<sup>®</sup>  
**PLUS**

*Travel Health Care Products*

INSECT BITE PREVENTION

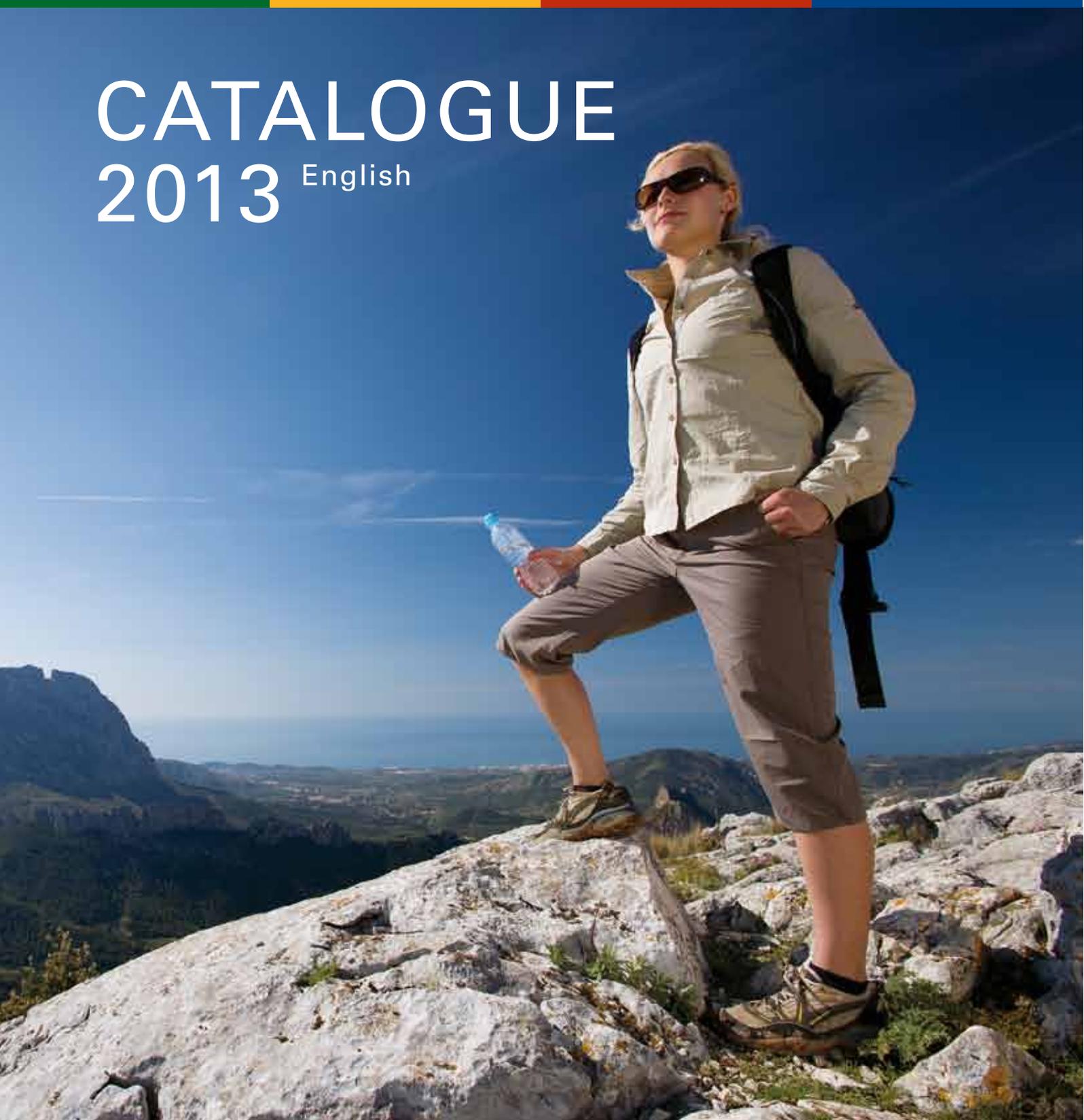
SUN PROTECTION

FIRST AID

HYGIENE

# CATALOGUE

## 2013 English





# Foreword

Dear reader,

Thank you for consulting the Care Plus® Catalogue!

Travel & Health was devised and introduced by Tropicare® as a theme in your store 20 years ago. This new theme resulted in new business. For 20 years, we have been enthusiastically sharing our knowledge of tropical medicine. Thanks to your vision and efforts, we can look back with a smile and with pride on a subject which was new then but has since become a permanent fixture. Thank you!

We now look ahead to 2013 with a fine range of health protection products for travellers and those who love the great outdoors - from innovative self-packing mosquito nets with long-lasting impregnation for travellers to malaria areas (protection from mosquitoes) to impregnated bamboo socks for walkers and gardeners who want to protect themselves against Lyme's disease (ticks).

The regulations for biocides, which include insect repellents, impregnated products and drinking water disinfectants, are subject to major change up to 2014. The local regulations are becoming EU regulations. Tropicare® is leading the way by registering Care Plus® Anti-Insect DEET in Europe. We guarantee that we will continue to be able to supply our brand in Europe in 2014. Ask your Care Plus® contact person which DEET products will remain available for which countries after 2014!

At Tropicare®, we are continuously working on ground-breaking innovations, ensuring that our range will remain attractive to you and your customers into the future. As soon as these products are ready for the market, we will of course let you know!

For now, we wish you good business and thank you for your faith in us!

Carefree travels,



Arnoud Aalbersberg,  
founder & CEO



Get to know the Tropicare® team at  
<http://www.visualstoryteller.nl/careplus/>

Photographer: Bibi Veth,  
Visual Storytelling.

# About Care Plus®

## Travel and health

Well-prepared travellers take Care Plus® with them. With the health-protecting products from Care Plus in your luggage, you can go travelling with confidence, whether far away or close to home. Care Plus® is the product line from Tropenzorg B.V.®, which has been the leading specialist in the field of health and safe travel since 1992.

## Our values

The Care Plus® team attaches great importance to the following values.

1. We work with **passion** to develop quality products and provide information to travellers and store owners. Our products are always scientifically tested.
2. We are **socially responsible**. We support scientific research and encourage the reuse of our Care Plus products through our social travel programs [www.4U-from.me](http://www.4U-from.me) (see page 5).
3. With more than 20 years of experience, we are a credible partner and **expert** on health risks for travellers and those engaging in sports and outdoor recreation. Our products are available in pharmacies, drugstores, outdoor shops and online in more than 25 countries.
4. We are **innovative** and lead the way in the application of new or combined technologies. We follow developments within the Healthcare sector closely, listen to travellers and respond to their needs.

## More information

For more information, visit [www.careplus.eu](http://www.careplus.eu) and follow Care Plus® on Youtube, Twitter and Facebook.



## Product line

The Care Plus® product line offers protection against biting insects, the sun, poor hygiene conditions, polluted drinking water and provides first aid solutions for the most common accidents at home and while travelling.

### INSECT BITE PREVENTION



- Insect repellents
- Various models of mosquito nets, impregnated and non-impregnated
- Impregnated socks

### SUN PROTECTION



- Sun protection products for the skin
- UV protection clothing

### FIRST AID



- First Aid kits for every activity
- First Aid accessories

### HYGIENE



- Rehydration products
- Water purification products
- Personal hygiene

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www.4u-from.me



## 4U FROM ME: gives Care Plus® products a second life

We encourage travellers to donate their Care Plus® products, such as impregnated mosquito nets, UV protective clothing and mosquito-proof clothing, impregnated socks and First Aid kits, to the local population on the final day of their trip.

### How does it work?

The traveller contacts a local family, a medical clinic or a school. On the final day of the trip, he leaves his Care Plus® products with them and takes a picture

or video clip showing the products being handed over. He then shares his experience using Twitter, YouTube or Facebook and our online platform

In this way, the traveller establishes valuable contacts with the local population, who in turn benefit from high-quality and useful products. Moreover, he creates space in his luggage for local products, so supporting the local economy.



WWW.4U-FROM.ME

*care*<sup>®</sup>  
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*Travel Health Care Products*



**INSECT BITE PREVENTION**



# Care Plus® Prevention Overview\*4



Duration of action of insect repellents in hours

		Duration of action of insect repellents in hours									
		Product name			Anti-Insect DEET *1		Anti-Insect Natural*2		Anti-Insect Sensitive*3		
		Suitable from			3 year	6 year	6 year	3 month	3 month	2 year	2 year
		Percentage of active substance			30%	40%	50%	30%	40%	12.5%	20%
Disease vectors	Diseases										
Mosquitoes (Aedes/Anopheles/Culex)	Malaria, dengue, yellow fever, West Nile virus, chikungunya	5.5 h	8 h	10 h	6 h	8 h	4 h	6 h			
Midges (Culicoides)	Filariasis	-	-	-	3 h	4 h	2 h	2 h			
Black flies (Simuliidae)	River blindness (onchocerciasis)	5.5 h	8 h	10 h	6 h	8 h	4 h	6 h			
Mites (Trombiculidae)	Tsutsugamushi fever	5.5 h	8 h	10 h	6 h	8 h	4 h	6 h			
Fleas	Bubonic plague, typhus	5.5 h	8 h	10 h	3 h	8 h	4 h	6 h			
True bugs (Heteroptera)	Chagas disease	3 h	4 h	5 h	3 h	4 h	2 h	2 h			
Sandflies	Leishmaniasis, bartonellosis	-	-	-	4 h	4 h	2 h	2 h			
Ticks (Ixodides) / Ticks (Argasides)	Lyme's disease (borreliosis), ehrlichiosis, tick borne encephalitis (TBE) / recurring fever	3 h	4 h	5 h	4 h	6 h	2 h	2 h			
Lice (Pediculus Humanus)	Bartonella and typhus	3 h	4 h	5 h	3 h	6 h	2 h	2 h			
Tsetse flies	African sleeping sickness (trypanosomiasis)	-	-	-	3 h	4 h	2 h	2 h			
Horse-flies	Various diseases outside the Netherlands: anthrax, tularemia, loasis, anaplasmosis, hog cholera, equine infectious anemia, filariasis and Lyme's disease.  In the Netherlands: local reactions, toxic and allergic reactions.	-	-	-	-	4 h	-	2 h			
Wasps/hornets	Local reactions, toxic and allergic reactions.	-	-	-	-	2 h	-	2 h			
Ants	Local reactions, toxic and allergic reactions.	-	-	-	-	2 h	-	2 h			

\*1 Care Plus® Anti-Insect DEET is temporarily not available in Belgium.

\*3 Care Plus® Sensitive is not available in the Netherlands.

\*2 Care Plus® Natural (roll-on/stick) is not available in the Netherlands.

\*4 The duration of action shown in the table above may differ from that stated on the packaging.



# Care Plus<sup>®</sup> Anti-Insect DEET

## General information

DEET is the abbreviation used for the active ingredient N,N-diethyl-m-toluamide (CAS no. 134-62-3). Care Plus<sup>®</sup> Anti-Insect DEET is available in the strengths 30%, 40% and 50%. The duration of action of an insect repellent depends on the percentage of DEET. The availability of insect-repellent products depends on local biocides regulations.

Care Plus<sup>®</sup> Anti-Insect DEET is the strongest insect repellent for use on the skin. It has been registered by Tropicare<sup>®</sup> with the local authorities and meets all the requirements regarding safety and effectiveness in use, provided the product is used as prescribed.

DEET is equally suitable for long-haul destinations (risk of malaria, dengue and yellow fever) and European territories. The active ingredient DEET is most effective against mosquitoes (including those which transmit malaria) and biting insects, effective against ticks and reasonably effective against large biting insects and midges (see page 7). In case of wasps, the general advice is to keep them away from you by using so-called lure products such as the wasp trap.

One packaging unit is sufficient for two to three weeks' daily use in accordance with the instructions (depending on the packaging size and the number of people). Care Plus<sup>®</sup> recommends covering the skin as much as possible using long trousers and/or a shirt. In addition, it is important that DEET is rubbed into all uncovered skin for optimum protection.

Care Plus<sup>®</sup> Anti-Insect DEET 40% spray was named 'best in test' by the Dutch Consumers' Association in 1997 and by its Belgian equivalent Test Aankoop in 2001. Care Plus<sup>®</sup> Anti-Insect DEET 50% lotion received the rating GUT from the German Stiftung Warentest in 2004 and 2010. Care Plus<sup>®</sup> DEET 30% gel was named 'best in test' by the Dutch Consumers' Association in 2005.

## Bitrex<sup>®</sup>

Since 2012, we have been adding Bitrex<sup>®</sup> to our "Care Plus<sup>®</sup> Anti-Insect DEET" products. The odour-free chemical Bitrex<sup>®</sup> is added for its bitter taste in order to prevent accidental or deliberate ingestion. Young children in particular put products in their mouths while exploring their environments without being aware of the possible risks. Adding Bitrex<sup>®</sup> to Care Plus<sup>®</sup> Anti-Insect DEET products reduces the chances of the insect repellent being swallowed.

## Sales benefits of Care Plus<sup>®</sup> Anti-Insect DEET

- Strongest insect repellent.
- Effective against biting insects and ticks (see page 7).
- Suitable for long-haul destinations and European territories.

## Use of Care Plus<sup>®</sup> Anti-Insect DEET on uncovered skin

DEET is a safe product provided it is used in accordance with the instructions:

- Apply DEET sparingly and carefully to uncovered parts of the body, i.e. not under clothing.
- Apply the DEET evenly to the uncovered skin using the palm of the hand. Afterwards, wash the hands and apply DEET to the back of the hands. Keep the fingers free from DEET in connection with the consumption of food and drinks. Hold the spray at least 15 cm away from the skin (do not spray directly into the face).
- Avoid contact with mucous membranes, eyes, nose (nostrils) and lips. For protection of the face, first spray/pour/spread a small amount of DEET on the palm of the hand and then distribute it over the face.
- Do not apply DEET to damaged skin (e.g. wounds and sun burn).
- Do not apply DEET at locations where repeated skin folding is normal due to the bending of the joints; in other words, do not apply to the back of the knee or elbow.



- During the day, preferably apply DEET ten minutes before exposure to direct sunlight.
- Using DEET in combination with sunscreen products: sunscreen products should always be applied to the skin 30 minutes before exposing the skin to the sun. After 20 minutes, apply the DEET product - i.e. 10 minutes before exposure to the sun.
- A single treatment offers protection for up to 5.5 hours (DEET 30% gel), 8 hours (DEET 40% spray) or 10 hours (DEET 50% spray/lotion). More frequent application of DEET is not recommended.
- Wash the treated parts of the skin well with soap and water if protection is no longer needed or if side effects occur.
- Do not reuse the packaging for other purposes.
- Any residue should preferably not be disposed of with the normal household waste but as part of domestic chemical waste collected separately.
- Remove the plastic protective cap from the pump spray before use (do not twist). After use, replace the cap on the pump spray and press on firmly.

### Possible side effects

In rare cases, a skin reaction in the form of redness or blistering can occur. If this is the case, the use of DEET and other substances containing N,N-diethyl-m-toluamide must be stopped immediately.

### Warnings

- Keep out of reach of children.
- Keep away from sources of ignition.
- Do not smoke during use.
- Keep away from food and drinks and from animal feed.

In case of contact with the eyes, rinse eyes immediately with plenty of water and seek expert medical advice.

If you feel unwell, contact a doctor (if possible, show the bottle with the label). Do not allow the substance to come into contact with eyes and mouth. After use, close the packaging properly. The fluid will damage certain materials. For this reason, avoid contact with plastics and lacquered surfaces (including spectacle frames, cameras, table tops).

The use of products containing DEET during pregnancy and breastfeeding is not recommended. If you do wish to use DEET during your pregnancy, you can do so during the second and third trimesters of the pregnancy (DEET 30% gel). Take particular care when using on children; do not apply to parts of the body which can easily come into contact with eyes or mouth (e.g. hands, forearms). As a precaution, it is recommended to avoid concentrations above 30% on children below the age of 6 (see page 7).



## Sales benefits of Care Plus® Anti-Insect DEET

- Strongest insect repellent.
- Effective against biting insects and ticks (see page 7).
- Suitable for long-haul destinations and European territories.

### CARE PLUS® ANTI-INSECT DEET 50% LOTION \*<sub>1</sub>



#### Product specifications

Article number	: 32410
EAN code	: 8714024324104
Dimensions (l x w x h)	: 54 x 28 x 105 mm
Weight	: 66 grams
Contents	: 50 ml
Packaging	: sealed
Order unit	: 12 items
Duration of action	: up to 10 hours



### CARE PLUS® ANTI-INSECT DEET 50% LOTION DISPLAY \*<sub>1</sub>



#### Product specifications

Article number	: 32415
EAN code	: 8714024324159
Dimensions (l x w x h)	: 112 x 173 x 106 mm
Weight	: 860 grams
Contents	: 12 x Article no. 32410
Packaging	: display
Order unit	: 1 item
Duration of action	: up to 10 hours



\*<sub>1</sub> Care Plus® Anti-Insect DEET is temporarily not available in Belgium.



## CARE PLUS® ANTI-INSECT DEET 50% SPRAY \*<sub>1</sub>



### Product specifications

Article number	: 32411
EAN code	: 8714024324111
Dimensions (l x w x h)	: 40 x 40 x 121 mm
Weight	: 82 grams
Contents	: 60 ml
Packaging	: sealed
Order unit	: 12 items
Duration of action	: up to 10 hours



## CARE PLUS® ANTI-INSECT DEET 50% SPRAY DISPLAY \*<sub>1</sub>



### Product specifications

Article number	: 32412
EAN code	: 8714024324128
Dimensions (l x w x h)	: 124 x 166 x 165 mm
Weight	: 1000 grams
Contents	: 12 x Article no. 32411
Packaging	: display
Order unit	: 1 item
Duration of action	: up to 10 hours



\*<sub>1</sub> Care Plus® Anti-Insect DEET is temporarily not available in Belgium.



## CARE PLUS® ANTI-INSECT DEET 40% SPRAY \*<sub>1</sub>



### Product specifications

Article number NL	: 32471
EAN code NL	: 8714024324715
Article number NL display	: 32486
EAN code NL display	: 8714024224862
Article number FR	: 32472
EAN code FR	: 8714024324722
Article number DE	: 32473
EAN code DE	: 8714024324739
Article number EN	: 32474
EAN code EN	: 8714024324746
Dimensions of spray (ø x h)	: 16 x 96 mm
Dimensions of display (l x w x h)	: 130 x 90 x 100 mm
Weight of spray	: 14 grams
Weight of display	: 350 grams
Contents	: <b>8 ml</b>
Packaging	: display
Order unit	: 24 items
Order unit NL display	: 1 item
Duration of action	: up to 8 hours



## CARE PLUS® ANTI-INSECT DEET 40% SPRAY, 4-PACK \*<sub>1</sub>



### Product specifications

Article number NL	: 32476
EAN code NL	: 8714024324760
Article number NL display	: 32490
EAN code NL display	: 8714024224909
Article number FR	: 32477
EAN code FR	: 8714024324777
Article number DE	: 32478
EAN code DE	: 8714024324784
Article number EN	: 32479
EAN code EN	: 8714024324791
Dimensions (l x w x h)	: 19 x 97 x 74 mm
Display dimensions	: 130 x 101 x 146 mm
Weight of 4-pack	: 67 grams
Weight of display	: 860 grams
Contents	: 8 ml
Packaging	: display
Order unit	: 12 items
Order unit NL display	: 1 item
Duration of action	: up to 8 hours



\*<sub>1</sub> Care Plus® Anti-Insect DEET is temporarily not available in Belgium.



## CARE PLUS® ANTI-INSECT DEET 40% SPRAY \*<sub>1</sub>



### Product specifications

Article number	: 32420
EAN code	: 8714024324203
Dimensions (l x w x h)	: 40 x 40 x 121 mm
Weight	: 80 grams
Contents	: <b>60 ml</b>
Packaging	: sealed
Order unit	: 12 items
Duration of action	: up to 8 hours



## CARE PLUS® ANTI-INSECT DEET 40% SPRAY DISPLAY \*<sub>1</sub>



### Product specifications

Article number	: 32425
EAN code	: 8714024324258
Dimensions (l x w x h)	: 124 x 166 x 165 mm
Weight	: 1000 grams
Contents	: 12 x Article no. 32420
Packaging	: display
Order unit	: 1 item
Duration of action	: up to 8 hours



## CARE PLUS® ANTI-INSECT DEET 40% SPRAY \*<sub>1</sub>



### Product specifications

Article number	: 32421
EAN code	: 8714024324210
Dimensions (l x w x h)	: 45 x 45 x 135 mm
Weight	: 122 grams
Contents	: <b>100 ml</b>
Packaging	: sealed
Order unit	: 12 items
Duration of action	: up to 8 hours



\*<sub>1</sub> Care Plus® Anti-Insect DEET is temporarily not available in Belgium.



## CARE PLUS® ANTI-INSECT DEET 40% SPRAY DISPLAY \*<sub>1</sub>



### Product specifications

Article number	: 32423
EAN code	: 8714024324234
Dimensions (l x w x h)	: 138 x 185 x 138 mm
Weight	: 1500 grams
Contents	: 12 x Article no. 32421
Packaging	: display
Order unit	: 1 item
Duration of action	: up to 8 hours



## CARE PLUS® ANTI-INSECT DEET 40% XXL SPRAY \*<sub>1</sub>



### Product specifications

Article number	: 32428
EAN code	: 8714024324289
Dimensions (l x w x h)	: 60 x 60 x 155 mm
Weight	: 231 grams
Contents	: <b>200 ml</b>
Packaging	: sealed
Order unit	: 6 items
Duration of action	: up to 8 hours



## CARE PLUS® ANTI-INSECT DEET 40% XXL SPRAY DISPLAY \*<sub>1</sub>



### Product specifications

Article number	: 32429
EAN code	: 8714024324296
Dimensions (l x w x h)	: 124 x 185 x 155 mm
Weight	: 1500 grams
Contents	: 6 x Article no. 32428
Packaging	: display
Order unit	: 1 item
Duration of action	: up to 8 hours



\*<sub>1</sub> Care Plus® Anti-Insect DEET is temporarily not available in Belgium.



## CARE PLUS® ANTI-INSECT DEET 30% GEL \*<sub>1</sub>



### Product specifications

Article number	: 32431
EAN code	: 8714024324319
Dimensions (l x w x h)	: 53 x 40 x 131 mm
Weight	: 98 grams
Contents	: <b>80 ml</b>
Packaging	: sealed
Order unit	: 12 items
Duration of action	: up to 5.5 hours



## CARE PLUS® ANTI-INSECT DEET 30% GEL DISPLAY \*<sub>1</sub>



### Product specifications

Article number	: 32436
EAN code	: 8714024324364
Dimensions (l x w x h)	: 160 x 168 x 135 mm
Weight	: 1240 grams
Contents	: 12 x Article no. 32431
Packaging	: display
Order unit	: 1 item
Duration of action	: up to 5.5 hours



\*<sub>1</sub> Care Plus® Anti-Insect DEET is temporarily not available in Belgium.



## CARE PLUS® ANTI-INSECT DEET 30% GEL 20 ML \*<sub>1</sub>



### Product specifications

Article number NL	: 32433
EAN code NL	: 8714024324333
Article number FR	: 32434
EAN code FR	: 8714024324340
Article number EN	: 32408
EAN code EN	: 8714024324081
Article number DE	: 32409
EAN code DE	: 8714024324098
Article number IT	: 32407
EAN code IT	: 8714024324074
Article number ES	: 32438
EAN code ES	: 8714024324388
Dimensions (ø x h)	: 23 x 88 mm
Weight	: 22 grams
Contents of display	: <b>20 ml</b>
Material	: loose
Order unit	: 24 items
Duration of action	: up to 5.5 hours



## CARE PLUS® ANTI-INSECT DEET GEL 30% 20 ML, DISPLAY\*<sub>1</sub>



### Product specifications

Article number NL	: 32441
EAN code NL	: 8714024324418
Article number FR	: 32442
EAN code FR	: 8714024324425
Article number EN	: 32443
EAN code EN	: 8714024324432
Article number DE	: 32444
EAN code DE	: 8714024324449
Article number IT	: 32446
EAN code IT	: 8714024324463
Article number ES	: 32448
EAN code ES	: 8714024324487
Dimensions (l x w x h)	: 120 x 120 x 345 mm
Weight	: 1350 grams
Contents of display	: 48 items
Material	: plastic
Order unit	: 1 item
Duration of action	: up to 5.5 hours



\*<sub>1</sub> Care Plus® Anti-Insect DEET is temporarily not available in Belgium.



# Care Plus® Anti-Insect Natural

## General information

For those unable or unwilling to use products containing DEET, Care Plus® offers a good, scientifically tested alternative: Care Plus® Anti-Insect Natural.

These products are based on the active ingredient Citriodiol®, a mix of cis- and trans-p-menthane-3,8 diol (CAS No. 42822-86-6). This is the only natural ingredient which can now be used as an insect repellent. Its effectiveness has been proven in various scientific studies, including field studies.

Natural offers 8 hours' protection against mosquitoes, ticks, midges and sand-flies, both within and outside Europe (see page 7). This product is suitable for people with sensitive skin and children from the age of 3 months.

One packaging unit is sufficient for two to three weeks' daily use in accordance with the instructions (depending on the packaging size and the number of people). It is important that Natural is rubbed into all the uncovered skin.

## Sales benefits of Care Plus® Anti-Insect Natural

- Contains no DEET.
- Safe for children from 3 months old.
- Suitable for sensitive skin.
- Suitable for long-haul destinations and European territories.
- Based on natural extracts (lemon-eucalyptus extracts).
- Does not damage plastics.

## Use of Care Plus® Anti-Insect Natural

Natural is a safe product provided it is used in accordance with the instructions:

- Apply sparingly and carefully to the uncovered skin, i.e. not under clothing.
- Apply the Natural evenly to the uncovered skin using the palm of the hand. Afterwards, wash the hands and apply Natural to the back of the hands. Keep the fingers free from Natural in connection with the consumption of food and drinks. Hold the spray at least 15 cm away from the skin (do not spray directly into the face).
- Avoid contact with mucous membranes, eyes, nose (nostrils) and lips. For protection of the face, first spray a small amount of Natural onto the palm of the hand and then distribute it over the face.
- Do not apply Natural to damaged skin (e.g. wounds and sun burn).
- Do not apply Natural at locations where repeated skin folding is normal due to the bending of the joints; in other words, do not apply to the back of the knee or elbow.
- During the day, preferably apply Natural ten minutes before exposure to direct sunlight.
- Using Natural in combination with sunscreen products: sunscreen products should always be applied to the skin 30 minutes before exposing the skin to the sun. After 20 minutes, apply the Natural product - i.e. 10 minutes before exposure to the sun.
- One treatment offers up to 8 hours' protection. More frequent application of Natural is not recommended.
- Wash the treated parts of the skin well with soap and water if protection is no longer needed or if side effects occur.
- Do not reuse the packaging for other purposes.
- Any residue should preferably not be disposed of with the normal household waste but as part of domestic chemical waste collected separately.
- Remove the plastic protective cap from the pump spray before use (do not twist). After use, replace the cap on the pump spray and press on firmly.



### Possible side effects

In rare cases, a skin reaction in the form of redness or blistering may occur. If this is the case, stop using Natural immediately. It is recommended that no other substances containing a mix of cis- and trans-p-menthane-3,8 diol (Citriodiol®) should be used in this case.

### Warnings

- Keep out of reach of children.
- Keep away from sources of ignition.
- Do not smoke during use.
- Avoid contact with the eyes. In case of contact with the eyes, immediately rinse with plenty of water and seek expert medical advice.
- If the product is ingested, consult a doctor immediately and show him/her the packaging or label.
- After use, close the packaging properly.
- No formal studies have yet been carried out on pregnant women. If you nevertheless wish to use an insect repellent, Natural is a logical choice because it is barely absorbed by the skin.
- Take particular care when using on children; do not apply to parts of the body which can easily come into contact with the eyes or mouth (e.g. hands, forearms).
- The alcohol vapour released when applying the product can cause irritation to the upper respiratory tract. Avoid use close to the face or in confined spaces.
- Do not expose to temperatures above 50°C.



## Sales benefits of Care Plus® Anti-Insect Natural

- Contains no DEET
- Safe for children from 3 months old
- Suitable for sensitive skin
- Suitable for long-haul destinations and European territories
- Based on natural extracts (lemon-eucalyptus extracts)
- Does not damage plastics

### CARE PLUS® ANTI-INSECT NATURAL SPRAY



#### Product specifications

Article number	: 32620
EAN code	: 8714024326207
Dimensions (l x w x h)	: 40 x 40 x 120 mm
Weight	: 82 grams
Contents	: 60 ml
Packaging	: sealed
Order unit	: 12 items
Duration of action	: up to 8 hours



### CARE PLUS® ANTI-INSECT NATURAL SPRAY DISPLAY



#### Product specifications

Article number	: 32625
EAN code	: 8714024326252
Dimensions (l x w x h)	: 165 x 124 x 124 mm
Weight	: 1000 grams
Contents	: 12 x Article no. 32620
Packaging	: display
Order unit	: 1 item
Duration of action	: up to 8 hours





## CARE PLUS® ANTI-INSECT NATURAL ROLL-ON \*<sub>2</sub>



### Product specifications

Article number	: 32621
EAN code	: 8714024326214
Dimensions (l x w x h)	: 40 x 40 x 120 mm
Weight	: 95 grams
Contents	: 50 ml
Packaging	: sealed
Order unit	: 12 items
Duration of action	: up to 6 hours



## CARE PLUS® ANTI-INSECT NATURAL ROLL-ON DISPLAY \*<sub>2</sub>



### Product specifications

Article number	: 32626
EAN code	: 8714024326269
Dimensions (l x w x h)	: 165 x 124 x 124 mm
Weight	: 1000 grams
Contents	: 12 x Article no. 32621
Packaging	: display
Order unit	: 1 item
Duration of action	: up to 6 hours



\*<sub>2</sub> Care Plus® Natural (roll-on/stick) is not available in the Netherlands.



## CARE PLUS® ANTI-INSECT NATURAL STICK \*<sub>2</sub>



### Product specifications

Article number	: 32622
EAN code	: 8714024326221
Dimensions (l x w x h)	: 32 x 53 x 110 mm
Weight	: 81 grams
Contents	: 50 ml
Packaging	: sealed
Order unit	: 12 items
Duration of action	: up to 8 hours



## CARE PLUS® ANTI-INSECT NATURAL STICK DISPLAY \*<sub>2</sub>



### Product specifications

Article number	: 32627
EAN code	: 8714024326276
Dimensions (l x w x h)	: 117 x 120 x 108 mm
Weight	: 1200 grams
Contents	: 12 x Article no. 32622
Packaging	: display
Order unit	: 1 item
Duration of action	: up to 8 hours



\*<sub>2</sub> Care Plus® Natural (roll-on/stick) is not available in the Netherlands.



# Care Plus® Anti-Insect Sensitive

## General information

For those unable or unwilling to use products containing DEET, besides Care Plus® Anti-Insect Natural there is another good, scientifically tested alternative: Care Plus® Anti-Insect Sensitive spray (12.5% Saltidin®) and Care Plus® Anti-Insect Sensitive Roll-on (20% Saltidin®).

Saltidin®, also known as Icaridin, KBR 3023 and Picaridin, contains the active ingredient sec-butyl 2-(2-hydroxyethyl)piperidine-1-carboxylate (CAS No. 119515-38-7), a reliable agent which protects the skin against mosquitoes (including those carrying malaria), midges, flies, sand-flies, ticks and other biting insects (see page 7). Its effectiveness has been proven in various scientific studies, including field studies, and the World Health Organisation (WHO) recommends the active ingredient as an insect repellent.

Sensitive is ideally suited to long-haul destinations and European territories. Sensitive is suitable for children from the age of 2 and has a duration of action of 6 hours. One packaging unit is sufficient for two to three weeks' daily use in accordance with the instructions. It is important that the entire uncovered skin is treated with Sensitive.

## Sales benefits of Care Plus® Anti-Insect Sensitive

- Suitable for children from the age of 2
- Suitable for sensitive skin
- Does not damage plastics
- Effective against mosquitoes (including those carrying malaria), midges, flies, sand-flies and ticks (see page 7)
- Pleasant odour

## Use of Care Plus® Anti-Insect Sensitive

Sensitive is a safe product provided it is used in accordance with the instructions:

- Apply sparingly and carefully to the uncovered skin, i.e. not under clothing.
- Apply the Sensitive evenly to the uncovered skin using the palm of the hand. Afterwards, wash the hands and apply Sensitive to the back of the hands. Keep the fingers free from Sensitive in connection with the consumption of food and drinks. Hold the spray at least 15 cm away from the skin (do not spray directly into the face). Avoid contact with mucous membranes, eyes, nose (nostrils) and lips. For protection of the face, first spray a small amount of Sensitive onto the palm of the hand and then distribute it over the face.

Do not apply Sensitive to damaged skin (e.g. wounds and sun burn). Do not apply Sensitive at locations where repeated skin folding is normal due to the bending of the joints; in other words, do not apply to the back of the knee or elbow. During the day, preferably apply Sensitive ten minutes before exposure to direct sunlight. Using Sensitive in combination with sunscreen products: sunscreen products should always be applied to the skin 30 minutes before exposing the skin to the sun. After 20 minutes, apply the Sensitive product - i.e. 10 minutes before exposure to the sun.

One treatment offers up to 6 hours' protection. More frequent application of Sensitive is not recommended. Wash the treated parts of the skin well with soap and water if protection is no longer needed or if side effects occur. Do not reuse the packaging for other purposes.

Any residue should preferably not be disposed of with the normal household waste but as part of domestic chemical waste collected separately. Remove the plastic protective cap from the pump spray before use (do not twist). After use, replace the cap on the pump spray and press on firmly.



### **Possible side effects**

In rare cases, a skin reaction in the form of redness or blistering may occur. If this is the case, stop using Sensitive immediately. It is recommended that no other products containing sec-butyl 2-(2-hydroxyethyl)piperidine-1-carboxylate (Saltidin®) be used in this case.

### **Warnings**

- Keep out of reach of children.
- Keep away from sources of ignition.
- Do not smoke during use.
- Avoid contact with the eyes. In case of contact with the eyes, immediately rinse with plenty of water and seek expert medical advice.
- If the product is ingested, consult a doctor immediately and show him/her the packaging or label.
- After use, close the packaging properly.
- The use of Sensitive products during pregnancy and breastfeeding is not recommended.
- Take particular care when using on children; do not apply to parts of the body which can easily come into contact with the eyes or mouth (e.g. hands, forearms). Use on children below the age of 2 is not recommended.



## Sales benefits of Care Plus® Anti-Insect Sensitive

- Suitable for children from the age of 2
- Suitable for sensitive skin
- Does not damage plastics
- Effective against mosquitoes (including those carrying malaria), midges, flies, sand-flies and ticks (see page 7).
- Pleasant odour

### CARE PLUS® ANTI-INSECT SENSITIVE SPRAY \*<sub>3</sub>



#### Product specifications

Article number	: 32451
EAN code	: 8714024324517
Dimensions (l x w x h)	: 40 x 40 x 120 mm
Weight	: 89 grams
Contents	: 60 ml
Packaging	: sealed
Order unit	: 12 items
Duration of action	: up to 6 hours



### CARE PLUS® ANTI-INSECT SENSITIVE SPRAY DISPLAY \*<sub>3</sub>



#### Product specifications

Article number	: 32456
EAN code	: 8714024324562
Dimensions (l x w x h)	: 165 x 124 x 124 mm
Weight	: 1050 grams
Contents	: 12 x Article no. 32451
Packaging	: display
Order unit	: 1 item
Duration of action	: up to 6 hours



\*<sub>3</sub> Care Plus® Sensitive (spray/roll-on) is not available in the Netherlands.



## CARE PLUS® ANTI-INSECT SENSITIVE ROLL-ON \*<sub>3</sub>



### Product specifications

Article number	: 32452
EAN code	: 8714024324524
Dimensions (l x w x h)	: 40 x 40 x 120 mm
Weight	: 87 grams
Contents	: 50 ml
Packaging	: sealed
Order unit	: 12 items
Duration of action	: up to 6 hours



## CARE PLUS® ANTI-INSECT SENSITIVE ROLL-ON DISPLAY \*<sub>3</sub>



### Product specifications

Article number	: 32457
EAN code	: 8714024324579
Dimensions (l x w x h)	: 165 x 124 x 124 mm
Weight	: 1090 grams
Contents	: 12 x Article no. 32452
Packaging	: display
Order unit	: 1 item
Duration of action	: up to 6 hours



\*<sub>3</sub> Care Plus® Sensitive (spray/roll-on) is not available in the Netherlands.

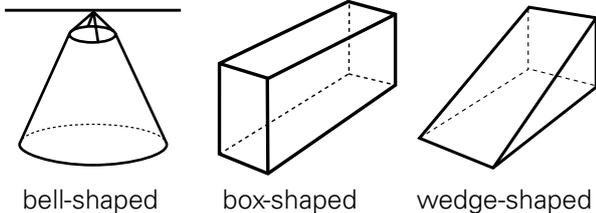


# Care Plus® Mosquito Nets

## General information

Most mosquitoes, including those which carry malaria, are active when it is dark. A mosquito net not only keeps malaria mosquitoes away but also other insects, such as lice, bed bugs and fleas, so contributing to an undisturbed night's sleep. A mosquito net only offers extra protection against mosquitoes and other insects if it is sealed off all around, is made from durable polyester fibre and has a mesh size of no more than 1.75 mm.

Care Plus® offers a wide range of mosquito nets, both bed and head nets. The mosquito nets are available in non-impregnated and Durallin® long lasting impregnated (LLI - Long Lasting Impregnation) versions. Care Plus® has a bed net for every type of traveller and accommodation: bell-shaped, box-shaped and wedge-shaped, suitable for one or two people.



Hanging a Care Plus® bed net is simple. All Care Plus® bed nets are supplied with instructions for use and an attachment kit containing string, hooks and safety pins. At [www.careplus.eu/muskietennet](http://www.careplus.eu/muskietennet) there are video clips demonstrating how to hang a mosquito net.

## Non-impregnated mosquito nets

Non-impregnated mosquito nets are ideal for home use, or for trips within Europe in combination with the Care Plus® Anti-Insect products to protect the uncovered skin against bites.

## What is mesh?

Mesh means the number of holes which can be counted in a piece of net measuring 2.5 cm by 2.5 cm (1 square inch). According to the WHO, a non-impregnated net may have a mesh of 156 and an impregnated net a mesh of 56. The nets from Care Plus have a mesh of 225 and above. Our nets offer optimum protection for an undisturbed night's sleep.

## Care Plus® Pop-Up Headnet

The Pop-Up Head Net has been specially developed for northerly countries such as Scandinavia, Scotland and Canada. The hat, with a built-in fine-mesh net, protects the wearer against midges. The Pop-Up Head Net is easy to fold up and when it is unpacked, it immediately returns to its shape. The green colour makes it easy to see through. The hat is available as one-size-fits-all.

## Care Plus® Head Net Classic

The Head Net Classic is a head net designed to be used in combination with the wearer's own head-gear. The fine-mesh net protects the wearer against midges, which are common in northerly countries such as Scandinavia, Scotland and Canada. At the bottom of the Head Net Classic there is a cord which can be tightened to form a complete barrier, while the green colour makes the net easy to see through.

## Care Plus® Mosquito Net Midge Proof

This bell-shaped bed net has been specially designed for protection against small insects such as midges. These primarily occur in northerly countries such as Scandinavia, Scotland and Canada. Due to the fineness of the mesh, the flow of air through this net is lower than with other bed nets. For this reason, this net is not recommended for use in tropical and sub-tropical areas, because this can result in a lack of air.



## Care Plus® Self-Packing Nets

In 2012, Care Plus® brought a highly innovative product onto the market; a self-packing mosquito net. The mosquito net is attached to a protective bag. The protective bag has a loop which makes it easy to hang up. After use, packing the net is a simple matter. The Self-Packing mosquito nets are available in Bell and Compact Bell versions, both impregnated and non-impregnated. The impregnated nets have luminous elements on the bag and net to ensure visibility at night.

## Impregnated mosquito nets

With the use of non-impregnated mosquito nets, there is a risk that mosquitoes may bite through the net. Impregnation offers extra safety, because mosquitoes cannot land on the net and bite through it. For trips to areas with a malaria risk, we advise the use of an impregnated mosquito net.

So-called Long Lasting Impregnation mosquito nets are recommended by the World Health Organization (WHO) for use in areas with a high malaria risk, such as tropical Africa, the Amazon region and parts of South-East Asia. In 2003, Care Plus® became one of the first suppliers of mosquito nets with Durallin® LLI. The impregnation substance which Care Plus® uses for mosquito nets is Durallin®, based on the active ingredient deltamethrin (CAS no. 52918-63-5). Durallin® is a contact insecticide which is lethal to mosquitoes and other vermin, but harmless to humans. This impregnation lasts for 3 years with daily use. It is also possible to wash these mosquito nets 20 times without losing their effectiveness.

The impregnation dosage we use is low. Unlike other impregnated mosquito nets, it is therefore not necessary to air Care Plus® nets before use. The production process used for the Care Plus® nets is socially responsible and environmentally friendly.

## Care Plus® Mosquito Net – Pop-Up Dome

This mosquito net unfolds automatically thanks to a Pop-Up spring system. The dome construction means there is no need to search for attachment points because the net can be placed directly around the bed or sleeping bag. This impregnated net has the most space at the head end and rests on the bed at the foot end. In other words, it is a handy mosquito net for optimum ease of use.

## Care Plus® Mosquito Net Travel Sheet

The Mosquito Net Travel Sheet is multifunctional. When used on the mattress, it protects against bed bugs. The sheet can also be used as an insect screen in front of windows, to repair mosquito nets, as a ground sheet when picnicking and to protect children in their prams.

## Maintenance and storage tips

Care Plus® mosquito nets are washable at 30°C. The impregnated nets can be washed at least 20 times without loss of effectiveness.



The duration of action of the impregnation of all the impregnated mosquito nets is enhanced if the mosquito net is stored in a dark place in the original green protective cover after use.

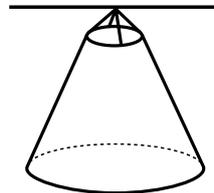
**Please note:** The availability of Care Plus® mosquito nets is dependent on local biocides regulations.



## Sales Benefits of Care plus® Mosquito Nets

- Impregnated mosquito nets are effective for at least 3 years and may be washed up to 20 times without losing their effectiveness

### CARE PLUS® MOSQUITO NET BELL



#### Product specifications

##### non-impregnated

Article number : 33400  
 EAN code : 8714024334004

##### impregnated

Article number : 33405  
 EAN code : 8714024334059

Dimensions of net (ø x h) : 10000 x 2450 mm

Dimensions of packaging (l x w x h) : 220 x 220 x 100 mm

Weight : 600 grams

Mesh : 225

Suitable for : 2 people

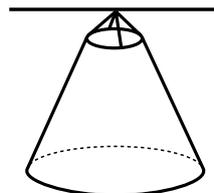
Order unit : 1 item

Other information : built-in flexible ring in the peak

#### Sales benefits:

- Includes attachment kit
- 1 attachment point

### CARE PLUS® MOSQUITO NET COMPACT BELL



#### Product specifications

##### impregnated

Article number : 33406  
 EAN code : 8714024334066

Dimensions of net (ø x h) : 8500 x 2250 mm

Dimensions of packaging (ø x h) : 120 x 190 mm

Weight : 400 grams

Mesh : 225

Suitable for : 2 people

Order unit : 1 item

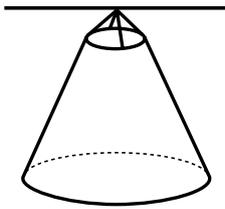
Other information : built-in flexible ring in the peak

#### Sales benefits:

- Includes attachment kit
- 1 attachment point
- Ideal for outdoor and backpacking, thanks to the compact packing volume



## CARE PLUS® MOSQUITO NET MIDGE PROOF BELL



### Product specifications

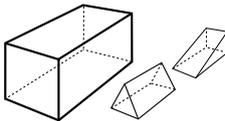
#### non-impregnated

Article number	: 33401
EAN code	: 8714024334011
Dimensions of net (ø x h)	: 10000 x 2450 mm
Dimensions of packaging (l x w x h)	: 200 x 200 x 105 mm
Weight	: 650 grams
Mesh	: 1050
Suitable for	: 2 people
Order unit	: 1 item
Other information	: flexible ring for the peak supplied

#### Sales benefits:

- Due to the fineness of the mesh, the net is ideal for use in northerly countries such as Scandinavia, Scotland and Canada
- Includes attachment kit
- Specially designed to keep out small insects, such as midges

## CARE PLUS® MOSQUITO NET SOLO BOX



### Product specifications

#### impregnated

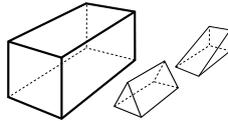
Article number	: 33416
EAN code	: 8714024334165
Dimensions of net (l x w x h)	: 2200 x 1100 x 2000 mm
Dimensions of packaging (ø x h)	: 130 x 280 mm
Weight	: 500 grams
Mesh	: 225
Suitable for	: 1 person
Order unit	: 1 item

#### Sales benefits:

- Versatile in use: as box, wedge, tent model
- Includes attachment kit



## CARE PLUS® MOSQUITO NET COMBI BOX



### Product specifications

#### non-impregnated

Article number : 33410  
 EAN code : 8714024334103

#### impregnated

Article number : 33415  
 EAN code : 8714024334158

Dimensions of net (l x w x h) : 2200 x 2000 x 2000 mm

Dimensions of packaging (ø x h) : 130 x 280 mm

Weight : 800 grams

Mesh : 225

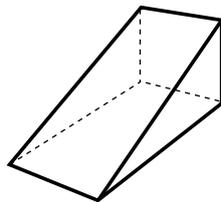
Suitable for : 2 people

Order unit : 1 item

#### Sales benefits:

- Versatile in use: as box, wedge, tent model
- Includes attachment kit

## CARE PLUS® MOSQUITO NET WEDGE



### Product specifications

#### non-impregnated

Article number : 33420  
 EAN code : 8714024334202

#### impregnated

Article number : 33425  
 EAN code : 8714024334257

Dimensions of net (l x w x h) : 2050 x 1250 x 1450 mm

Dimensions of packaging (ø x h) : 110 x 220 mm

Weight : 300 grams

Mesh : 225

Suitable for : 1 person

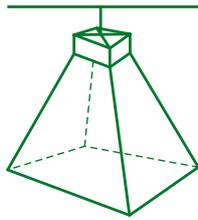
Order unit : 1 item

#### Sales benefits:

- Ideal for outdoor use and backpacking, thanks to the compact packing volume
- Compact packing volume
- Includes attachment kit



## CARE PLUS® MOSQUITO NET BELL SELFPACKING



### Product specifications

#### non-impregnated

Article number : 33430  
 EAN code : 8714024334301

#### impregnated

Article number : 33431  
 EAN code : 8714024334318

Dimensions of net (l x w x h) : 2500 x 2500 x 2450 mm

Dimensions of packaging (l x w x h) : 350 x 120 x 250 mm

Weight : 650 grams

Mesh : 225

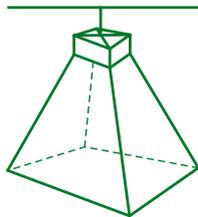
Suitable for : 1-2 people

Order unit : 1 item

#### Sales benefits:

- Includes attachment kit
- Thanks to its single attachment point, the mosquito net is easy to hang, making it ideal for use at home and while travelling
- Thanks to the self-packing concept, it is easy to hang and to pack after use
- The impregnated mosquito net has luminous elements to ensure visibility at night

## CARE PLUS® MOSQUITO NET COMPACT BELL SELFPACKING



### Product specifications

#### non-impregnated

Article number : 33432  
 EAN code : 8714024334325

#### impregnated

Article number : 33433  
 EAN code : 8714024334332

Dimensions of net (l x w x h) : 2125 x 2125 x 2250 mm

Dimensions of packaging (l x w x h) : 300 x 120 x 250 mm

Weight : 500 grams

Mesh : 225

Suitable for : 1-2 people

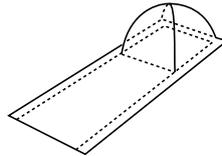
Order unit : 1 item

#### Sales benefits:

- Includes attachment kit
- Thanks to its single attachment point, the mosquito net is easy to hang, making it ideal for use at home and while travelling and backpacking
- Thanks to the self-packing concept, it is easy to hang and to pack after use
- The impregnated mosquito net has luminous elements to ensure visibility at night



## CARE PLUS® MOSQUITO NET – POP-UP DOME



### Product specifications

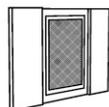
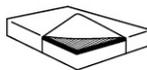
#### impregnated

Article number	: 33665
EAN code	: 8714024336657
Dimensions of net (l x w x h)	: 2750 x 900 x 600 mm
Dimensions of packaging (ø x h)	: 170 x 35 mm
Weight	: 500 grams
Mesh	: 225
Suitable for	: 1 person
Order unit	: 1 item

#### Sales benefits:

- No attachment point required, ideal for camping in the open air

## CARE PLUS® MOSQUITO NET TRAVEL SHEET



### Product specifications

#### impregnated

Article number	: 33690
EAN code	: 8714024336909
Dimensions of net (l x w)	: 2000 x 1000 mm
Dimensions of packaging (ø x h)	: 70 x 150 mm
Weight	: 70 grams
Mesh	: 225
Order unit	: 1 item

#### Sales benefits:

- Suitable for use on the mattress (against bed bugs)
- Suitable as an insect screen for windows
- Suitable for repairing mosquito nets
- Suitable for use as a ground sheet when picnicking
- Suitable for protecting children in their prams



## CARE PLUS® POP-UP HEADNET



### Product specifications

#### non-impregnated

Article number	: 33696
EAN code	: 8714024336961
Dimensions of net (ø x h)	: 1100 x 500 mm
Dimensions of packaging (ø x h)	: 150 x 30 mm
Weight	: 100 grams
Mesh	: 1050
Order unit	: 6 items

#### Sales benefits:

- One size
- Specially designed to keep out small insects, such as midges
- Due to the fineness of the mesh, the net is ideal for use in northerly countries such as Scandinavia, Scotland and Canada

## CARE PLUS® HEADNET CLASSIC



### Product specifications

#### non-impregnated

Article number	: 33699
EAN code	: 8714024336992
Dimensions of net (ø x h)	: 1100 x 450 mm
Dimensions of packaging (ø x h)	: 50 x 100 mm
Weight	: 50 grams
Mesh	: 1050
Order unit	: 6 items

#### Sales benefits:

- One size
- Has a cord at the bottom which can be tightened to create a complete seal
- Specially designed to keep out small insects, such as midges
- Due to the fineness of the mesh, the net is ideal for use in northerly countries such as Scandinavia, Scotland and Canada



# Care Plus® Bugsox

## General information

Biting insects are not only annoying, they can also transmit a number of diseases, some of them serious. Examples include:

- malaria
- yellow fever
- dengue fever

Scientific research has shown that various kinds of mosquitoes, including those which carry malaria, prefer to bite feet, ankles and the lower legs. So protecting the feet is essential.

## Permethrin

The Care Plus® Bugsox are impregnated with the active ingredient Permethrin (CAS no. 258-067-9). Permethrin is a contact insecticide which is lethal to mosquitoes and other vermin, but harmless to humans. Permethrin is not an irritant and is biodegradable. It also protects the Bugsox against bacteria and so prevents odours, discolouration and degradation. Tests with Permethrin have produced the following results:

- 45% reduced mosquito landings.
- 80-90% fewer actual insect bites, and ticks cannot remain static or walk on it.

## Rise of infectious ticks in Europe

Ticks are arachnid arthropod parasites. They clamp their jaws into the skin of a host in order to feed on its blood. In doing so, they can transmit all kinds of disease vectors; viruses, bacteria, parasites and even toxins. The best known and most dangerous bacteria which ticks can carry is the borrelia burgdorferi bacteria (spirochete), which causes Lyme's disease. Lyme's disease is a systemic disease which sometimes presents as a red ring around the bite (erythema migrans), followed by health problems. Scientific research has shown that the number of infected ticks in Europe is increasing steadily.

## Care Plus® Bugsox

The Care Plus® Bugsox are impregnated seamless socks. Care Plus® offers two varieties in order to provide optimum comfort and protection. Care Plus® Bugsox City are suitable for daily use, during an easy walk or city trip. The comfortable and airy Care Plus® Bugsox City also offer optimum comfort for the wearer in hot and tropical regions. Care Plus® Bugsox Adventure are suitable for walking and hiking in any type of terrain. Coolmax® ensures that your feet feel dry and comfortable, even while playing sports.

## Bamboo viscose

Bamboo viscose absorbs and evaporates sweat in a fraction of a second. Bamboo viscose provides comfort at high and low temperatures. Bamboo stays cool in extreme heat thanks to the absorption of moisture and ventilation. In the cold, its microstructure acts as a base layer which holds in the warmth. Moreover, bamboo viscose keeps the feet fresh and odour-free for longer.

## Coolmax®

Coolmax® is a specially designed polyester fibre developed to give the user a dry and comfortable feeling in every situation. Coolmax® transports the moisture away from the skin to the outermost layer of the sock, where it can quickly evaporate.



## CARE PLUS® BUGSOX CITY



### Product specifications

Colour	■	: Navy
Article number for size 35 - 37		: 36473
EAN code		: 8714024364735
Article number for size 38 - 40		: 36474
EAN code		: 8714024364742
Article number for size 41 - 43		: 36475
EAN code		: 8714024364759
Article number for size 44 - 47		: 36476
EAN code		: 8714024364766
Colour	■	: Black
Article number for size 35 - 37		: 36479
EAN code		: 8714024364797
Article number for size 38 - 40		: 36480
EAN code		: 8714024364803
Article number for size 41 - 43		: 36481
EAN code		: 8714024364810
Article number for size 44 - 47		: 36482
EAN code		: 8714024364827
Size		: unisex
Order unit		: 3 items
Composition		: - 82% bamboo viscose - 16% polyamide - 2% elastane - Impregnated: Durallin® LLI

### Sales benefits:

- Repel insects and ticks
- Comfort at high and low temperatures
- Keeps the feet fresh and odour-free for longer
- Suitable for daily use



## CARE PLUS® BUGSOX ADVENTURE



### Product specifications

Colour	■	: Navy
Article number for size 35 - 37		: 36461
EAN code		: 8714024364612
Article number for size 38 - 40		: 36462
EAN code		: 8714024364629
Article number for size 41 - 43		: 36463
EAN code		: 8714024364636
Article number for size 44 - 47		: 36464
EAN code		: 8714024364643
Colour	■	: Khaki
Article number for size 35 - 37		: 36467
EAN code		: 8714024364674
Article number for size 38 - 40		: 36468
EAN code		: 8714024364681
Article number for size 41 - 43		: 36469
EAN code		: 8714024364698
Article number for size 44 - 47		: 36470
EAN code		: 8714024364704
Size		: unisex
Order unit		: 3 items
Composition		: - 40% polyester Coolmax Active - 35% bamboo viscose - 20% polyamide - 5% elastane - Impregnated: Durallin® LLI

### Sales benefits:

- Repel insects and ticks
- Comfort at high and low temperatures
- Keep the feet fresh and odour-free for longer
- Moisture-regulating and fast-drying action
- Suitable for walking and hiking in any type of terrain



www.4u-from.me



## 4U FROM ME: gives Care Plus® products a second life

We encourage travellers to donate their Care Plus® products, such as impregnated mosquito nets, UV protective clothing and mosquito-proof clothing, impregnated socks and First Aid kits, to the local population on the final day of their trip.

### How does it work?

The traveller contacts a local family, a medical clinic or a school. On the final day of the trip, he leaves his Care Plus® products with them and takes a picture

or video clip showing the products being handed over. He then shares his experience using Twitter, YouTube or Facebook and our online platform

In this way, the traveller establishes valuable contacts with the local population, who in turn benefit from high-quality and useful products. Moreover, he creates space in his luggage for local products, so supporting the local economy.



WWW.4U-FROM.ME



*Travel Health Care Products*



# SUN PROTECTION



# Care Plus® Sun Protection

## General information

Sunlight stimulates the blood circulation and plays an important role in the synthesis of vitamin D, which the body needs for calcium production for the bones. In addition, sunlight contributes to our well-being and vitality. However, exposure to sunlight can also bring with it dangers for our skin. Too much sun can cause allergic reactions, skin ageing and even cell ageing. For this reason, we recommend the following:

- Seek shade between 11.00 and 15.00, because this is when the sun's intensity is at its highest.
- Wear covering, UV protective clothing and preferably a head covering.
- Apply a sun protection product with a high protection factor (SPF 30 to SPF 50) 30 minutes before exposure to the sun.
- Apply extra to sensitive areas such as nose, ears, neck.
- Repeat the application every two hours, and certainly immediately after swimming. Even waterproof products will be partly removed by drying or playing in the water and sand.
- Do not use a sun protection product only on the beach but also when cycling, in the park, on the water, in the garden and on the terrace. There is UV radiation even on a cloudy summer's day, because clouds do not completely cut out the radiation.

## UV-A, B, C radiation

Sunlight is made up of UV-A, B and C rays, each with their own characteristics:

- UV-A radiation affects the elastin in the skin. Prolonged exposure to this type of radiation can result in allergic reactions, wrinkles, premature skin ageing and ultimately skin cancer. UV-A radiation penetrates deeper into the skin than UV-B rays.
- Too much UV-B radiation can turn the skin red and cause burns, pigmentation changes, skin ageing, thickening of the epidermis and even different types of skin cancer. In this connection, UV-B radiation is the most harmful.

- UV-C radiation is filtered by the atmosphere and does not penetrate the skin. We do not need to protect ourselves against UV-C radiation.

## Care Plus® Sun Protection

Care Plus® offers a product line which allows you to enjoy the sun without worries. Our sun protection products fall into the high protection class, SPF 30 and 50. Our products not only protect against UV-B radiation, but also against UV-A (at least 1/3 of the UV-B protection factor).

## Protection against the sun and against jellyfish

Jellyfish stings are painful and annoying. Because jellyfish float and do not swim, it is not possible to chase them away. The patented Care Plus® Sun Protection Outdoor & Sea SPF 50 not only protects against the harmful effects of the sun, but also against the stings of most jellyfish, corals and sea anemones. It uses a unique technology to switch off the jellyfish's defence mechanism, meaning that the swimmer will not be stung. Care Plus® Sun Protection Outdoor & Sea SPF 50 offers high UV protection, is waterproof, cares for the skin and is suitable for use by children.

## Sun protection for sensitive skin and children

Children's skin is not yet fully developed and is not as strong as adult skin. This makes children's skin extra sensitive to burning. We recommend keeping children out of direct sunlight as much as possible, dressing them in covering clothing and applying a product with a high protection factor to the uncovered skin.

We recommend Care Plus® Sun Protection For Kids SPF 50 for children or adults with sensitive or very sensitive skin. Care Plus® Sun Protection For Kids SPF 50 has a pleasant fragrance and can be applied more thickly to the skin than other sun creams. The skin is calmed by the ingredients Canadian Willow Herb™, Cardiospermum halicacabum, Echium oil, elements of the sunflower, Allantoin, Bisabolol and



Panthenol. The cream meets the latest European standards, is dermatologically tested, waterproof and offers high UV protection.

### **Sun protection for the face and lips**

The Care Plus® Sun Protection Face & Lip SPF 50 is a 2-in-1 product. The small tube has been specially developed for winter sports and fits every ski-suit pocket. Both the lip balm (SPF 30) and the face cream (SPF 50) offer high protection against UV rays in the mountains. The face cream has caring and calming properties, thanks to the ingredients Canadian Willow Herb™, Cardiospermum halicacabum, Echium oil, elements of the sunflower, Allantoin, Bisabolol and Panthenol. Vitamin E and Shea Butter in the lip balm protect against outside influences and soften chapped or dry lips.

The Care Plus® Sun Protection Lipstick SPF 30 is the ideal lip care for every climate. The lipstick offers a high degree of UV protection and cannot melt or freeze. As a result, the lipstick is suitable for use in the tropics, the mountains, on the water, on or off the piste and for everyday use. The lipstick provides prolonged protection against sun, wind and cold and cares for rough and chapped lips.

### **Aftersun**

Because the sun dries out the skin when sunbathing, it is sensible to hydrate the skin well after sunbathing. Care Plus® After Sun cares for, softens and calms the skin after exposure to the sun, thanks to natural ingredients such as Canadian Willow Herb™, Cardiospermum halicacabum, Echium oil, elements of the sunflower, Aloe Vera, Allantoin, Bisabolol and Panthenol.

### **Sun protection products in combination with DEET**

Sunscreen products should always be applied to the skin 30 minutes before exposing the skin to the sun. If a sun protection product is used in combination with DEET, we recommend the following:

1. First leave the sun protection product to absorb fully for 20 minutes.
2. Then apply the DEET product and leave it to dry for 10 minutes before the skin is exposed to the sun.

Before reapplying the sun protection product, it is sensible to first wash and dry the skin. Afterwards, repeat the steps above.



CARE PLUS® SUN PROTECTION FOR KIDS SPF 50



**Product specifications**

Article number	: 36156
EAN code	: 8714024361567
Dimensions (l x w x h)	: 48 x 35 x 123 mm
Weight	: 120 grams
Contents	: 100 ml
Packaging	: display
Order unit	: 12 items

**Sales benefits:**

- The high UV-A / UV-B filters protect against sun burn, skin ageing and the harmful effects of the sun.
- Suitable for sensitive skin.
- Waterproof.
- Does not stick.
- Softening and calming effect for the skin (Canadian Willow Herb™, Cardiospermum halicacabum, Echium oil, elements of the sunflower, Allantoin, Bisabolol and Panthenol).
- Dermatologically tested and suitable for use on children.



CARE PLUS® SUN PROTECTION OUTDOOR & SEA SPF 50



**Product specifications**

Article number	: 36154
EAN code	: 8714024361543
Dimensions (l x w x h)	: 48 x 35 x 123 mm
Weight	: 120 grams
Contents	: 100 ml
Packaging	: display
Order unit	: 12 items

**Sales benefits:**

- Offers protection against the harmful effects of the sun and most stings from jellyfish, corals and sea anemones.
- Waterproof.
- Cares for the skin.



**CARE PLUS® SUN PROTECTION  
FACE & LIP SPF 50**

**Product specifications**

Article number	: 36152
EAN code	: 8714024361529
Dimensions (l x w x h)	: 40 x 20 x 105 mm
Weight	: 32 grams
Contents	: 20 ml
Packaging	: display
Order unit	: 12 items

**Sales benefits:**

- Suitable for use in the tropics, on the water, for everyday use and ideal for winter sports enthusiasts.
- A 2-in-1 product with a high-factor SPF 30 in the lip balm and SPF 50 in the cream.
- Softens and calms the skin (Canadian Willow Herb™, Cardiospermum halicacabum, Echium oil, elements of the sunflower, Allantoin, Bisabolol and Panthenol).
- Tested at temperatures from -20°C to +50°C.


**CARE PLUS® SUN PROTECTION  
FACE & LIP SPF 50 DISPLAY**

**Product specifications**

Article number	: 36160
EAN code	: 8714024361604
Dimensions (l x w x h)	: 100 x 155 x 103 mm
Weight	: 450 grams
Contents	: 12 x Article no. 36152
Packaging	: display
Order unit	: 1 item

**Sales benefits:**

- Suitable for use in the tropics, on the water, for everyday use and ideal for winter sports enthusiasts.
- A 2-in-1 product with a high-factor SPF 30 in the lip balm and SPF 50 in the cream.
- Softens and calms the skin (Canadian Willow Herb™, Cardiospermum halicacabum, Echium oil, elements of the sunflower, Allantoin, Bisabolol and Panthenol).
- Tested at temperatures from -20°C to +50°C.





**CARE PLUS® SUN PROTECTION  
LIPSTICK SPF 30**



**Product specifications**

Article number	: 36121
EAN code	: 8714024361215
Dimensions (ø x h)	: 18 x 68 mm
Weight	: 14 grams
Contents	: 4,8 grams
Packaging	: loose
Order unit	: 12 items

**Sales benefits:**

- Suitable for use in the tropics, on the water, for everyday use and ideal for winter sports enthusiasts.
- Provides long-lasting protection and care for rough and chapped lips against sun, wind and cold.
- Tested at temperatures from -20°C to +50°C.
- Tested on Mount Everest.



**CARE PLUS® SUN PROTECTION  
LIPSTICK SPF 30 DISPLAY**



**Product specifications**

Article number	: 36122
EAN code	: 8714024361222
Dimensions (l x w x h)	: 143 x 102 x 360 mm
Weight	: 610 grams
Contents	: 36 x Article no. 36121
Packaging	: display
Order unit	: 1 item

**Sales benefits:**

- Suitable for use in the tropics, on the water, for everyday use and ideal for winter sports enthusiasts.
- Provides long-lasting protection and care for rough and chapped lips against sun, wind and cold.
- Tested at temperatures from -20°C to +50°C.
- Tested on Mount Everest.



**CARE PLUS® SUN PROTECTION  
AFTER SUN****Product specifications**

Article number	: 36157
EAN code	: 8714024361574
Dimensions (l x w x h)	: 48 x 35 x 123 mm
Weight	: 120 grams
Contents	: 100 ml
Packaging	: display
Order unit	: 12 items

**Sales benefits:**

- Suitable for sensitive skin
- Cares for and calms the skin after exposure to the sun. (Canadian Willow Herb™, Cardiospermum halicacabum, Echium oil, elements of the sunflower, Aloe Vera, Allantoin, Bisabolol and Panthenol).





# Care Plus® Gear Caretex UV- protective clothing

## General information

A pair of jeans has a UPF (UV Protection Factor) of more than 1,000 but is very uncomfortable in the tropics or during outdoor activities. A standard quality cotton T-shirt only has a UPF of 10, while a wet T-shirt only has a UPF of 5. Which is why you can burn while wearing clothing! The thinner the material, the lower the protection factor against the sun. For hot travel destinations and outdoor activities, you therefore want a piece of clothing which is comfortable, lightweight, breathable, strong, durable, moisture-regulating and sun protective.

## Mosquito-proof and sun protective range

Care Plus® has developed UV protective clothing which is comfortable to wear, breathable, regulates moisture, is mosquito-proof and sun protective. In addition, the shirts and trousers are light, strong, durable and offer a good fit. The Tough Collection is made up of 70% cotton and 30% nylon. Thanks to the weave density, the clothing is 100% mosquito-proof. The Optimum Collection is more lightweight and is made up of 68% cotton and 32% nylon. Thanks to the weave density, the clothing is 90% mosquito-proof. The clothing is available in different sizes and is suitable for men, women and children. Care Plus clothing complies with the European UV protection standard for clothing NEN-EN 13758. This means that the clothing is guaranteed to have UPF 40+ and has not been chemically treated.

## Functional designs

The Care Plus® UV protective clothing line is highly functional: the trousers have lots of slit pockets, back pockets and side compartments. The soft mesh waistband is attached to the inside of the waist and offers increased comfort for the wearer. The Similajau men's trousers have zippable trouser legs and the ladies trousers have zippable trouser legs with a hidden zipper - so you get a long and a short model in one, which always comes in handy.

The shirts of the Adult Collections have roomy breast pockets, roll-up sleeves with a button system, adjustable cuffs and a hidden pocket to safely store a credit card or passport, etc. The clothing is colourfast, which means it will not become faded after a number of washes, provided the clothing is washed according to the instructions. The trouser legs have camaches on the inside. These are for putting inside your Care Plus® Bugsox, so that ticks cannot crawl up and mosquitoes/insects do not get the chance to fly in through your trouser legs. You can close up the sleeves around your wrists tightly using the soft Velcro, so that mosquitoes don't get a chance there either.

# Adult Tough Collection

## CARE PLUS® KRUGER CTT LADIES SHIRT



### Product specifications

Article number Sand	■ : 41000-41006
Article number Khaki	■ : 41051-41057
Article number Clay	■ : 41102-41108
EAN code	: Various
Available in sizes	: 34 to 46

### Sales benefits:

- Not chemically treated
- UV protective (UPF 40+)
- 100% mosquito-proof thanks to weave density
- Moisture regulating
- Comfortable



## CARE PLUS® SEQUOIA CTT MENS SHIRT



### Product specifications

Article number Sand	■ : 41030-41035
Article number Khaki	■ : 41081-41086
Article number Clay	■ : 41132-41137
EAN code	: Various
Available in sizes	: S to 3XL

### Sales benefits:

- Not chemically treated
- UV protective (UPF 40+)
- 100% mosquito-proof thanks to weave density
- Moisture regulating
- Comfortable





**CARE PLUS® KAROO CTT LADIES  
HIGH WAIST ZIP-OFF PANTS**



**Product specifications**

Article number Sand : 41007-41013  
 Article number Khaki : 41058-41064  
 Article number Clay : 41109-41115  
 EAN code : Various  
 Available in sizes : 34 to 46

**Sales benefits:**

- Not chemically treated
- UV protective (UPF 40+)
- 100% mosquito-proof thanks to weave density
- Moisture regulating
- Comfortable
- Zip-off trouser legs with a hidden zipper



**CARE PLUS® KINABALU CTT LADIES  
LOW WAIST ZIP-OFF PANTS**



**Product specifications**

Article number Khaki : 41065-41071  
 Article number Clay : 41116-41122  
 EAN code : Various  
 Available in sizes : 34 to 46

**Sales benefits:**

- Not chemically treated
- UV protective (UPF 40+)
- 100% mosquito-proof thanks to weave density
- Moisture regulating
- Comfortable
- Zip-off trouser legs with a hidden zipper



**CARE PLUS® SAJAMA CTT MENS  
REGULAR FIT PANTS**



**Product specifications**

Article number Sand  : 41036-41042  
 Article number Khaki  : 41087-41093  
 Article number Clay  : 41138-41144  
 EAN code : Various  
 Available in sizes : 46 to 58

**Sales benefits:**

- Not chemically treated
- UV protective (UPF 40+)
- 100% mosquito-proof thanks to weave density
- Moisture regulating
- Comfortable



**CARE PLUS® SIMILAJAU CTT MENS  
ZIP-OFF PANTS**



**Product specifications**

Article number Khaki  : 41094-41100  
 Article number Clay  : 41145-41151  
 EAN code : Various  
 Available in sizes : 46 to 58

**Sales benefits:**

- Not chemically treated
- UV protective (UPF 40+)
- 100% mosquito-proof thanks to weave density
- Moisture regulating
- Comfortable
- Zip-off trouser legs





## CARE PLUS® CORCOVADO CTT CAP ONE SIZE

### Product specifications

Article number Sand	 : 41050
Article number Khaki	 : 41101
Article number Clay	 : 41152
EAN code	: Various

### Sales benefits:

- Protection against UV radiation for the neck
- Folds away very compactly
- One size



# Adult Optimum Collection

## CARE PLUS® KRUGER CTO LADIES SHIRT



### Product specifications

Article number Sand	 : 41160-41166
Article number Khaki	 : 41167-41173
Article number Clay	 : 41174-41180
EAN code	: Various
Available in sizes	: 34 to 46

### Sales benefits:

- Not chemically treated
- UV protective (UPF 40+)
- 90% mosquito-proof thanks to weave density
- Moisture regulating
- Soft and comfortable



## CARE PLUS® SEQUOIA CTO MENS SHIRT



### Product specifications

Article number Sand	 : 41190-41194
Article number Khaki	 : 41195-41199
Article number Clay	 : 41200-41204
Article number Kit	 : 41205-41209
EAN code	: Various
Available in sizes	: S to 2XL

### Sales benefits:

- Not chemically treated
- UV protective (UPF 40+)
- 90% mosquito-proof thanks to weave density
- Moisture regulating
- Soft and comfortable





**CARE PLUS® KAROO CTO LADIES  
HIGH WAIST ZIP-OFF PANTS**



**Product specifications**

Article number Khaki  : 41511-41516  
 Article number Clay  : 41520-41526  
 EAN code : Various  
 Available in sizes : 34 to 46

**Sales benefits:**

- Not chemically treated
- UV protective (UPF 40+)
- 90% mosquito-proof thanks to weave density
- Moisture regulating
- Soft and comfortable
- Zip-off trouser legs with a hidden zipper



**CARE PLUS® KINABALU CTO LADIES  
LOW WAIST ZIP-OFF PANTS**



**Product specifications**

Article number Khaki  : 41560-41566  
 Article number Clay  : 41550-41556  
 EAN code : Various  
 Available in sizes : 34 to 46

**Sales benefits:**

- Not chemically treated
- UV protective (UPF 40+)
- 90% mosquito-proof thanks to weave density
- Moisture regulating
- Soft and comfortable
- Zip-off trouser legs with a hidden zipper



**CARE PLUS® SAJAMA CTO MENS  
REGULAR FIT PANTS**

**Product specifications**

Article number Khaki  : 41089-41093

EAN code : Various

Available in sizes : 46 to 56

**Sales benefits:**

- Not chemically treated
- UV protective (UPF 40+)
- 90% mosquito-proof thanks to weave density
- Moisture regulating
- Soft and comfortable


**CARE PLUS® SIMILAJAU CTT MENS  
ZIP-OFF PANTS**

**Product specifications**

Article number Khaki  : 41650-41656

EAN code : Various

Available in sizes : 46 to 58

**Sales benefits:**

- Not chemically treated
- UV protective (UPF 40+)
- 90% mosquito-proof thanks to weave density
- Moisture regulating
- Soft and comfortable
- Zip-off trouser legs





# Kids Tough Collection

## CARE PLUS® COTOPAXI CTT KIDS PANTS



### Product specifications

Article number Khaki  : 40460-40567  
 Article number Clay  : 40476-40483  
 EAN code : Various  
 Available in sizes : 86/92 to 170/176

### Sales benefits:

- Not chemically treated
- UV protective (UPF 40+)
- 100% mosquito-proof thanks to weave density
- Moisture regulating
- Comfortable
- Zip-off trouser legs



## CARE PLUS® MANU CTT KIDS SHIRT L/S



### Product specifications

Article number Sand  : 40468-40475  
 Article number Khaki  : 40540-40547  
 Article number Clay  : 40550-40557  
 EAN code : Various  
 Available in sizes : 86/92 to 170/176

### Sales benefits:

- Not chemically treated
- UV protective (UPF 40+)
- 100% mosquito-proof thanks to weave density
- Moisture regulating
- Comfortable





CARE PLUS® CORCOVADO CTT KIDS CAP  
ONE SIZE



**Product specifications**

Article number Sand	 : 36745
Article number Khaki	 : 36746
Article number Clay	 : 36747
EAN code	: Various

**Sales benefits:**

- Protection against UV radiation for the neck
- Folds away very compactly
- One size





# Kids Optimum Collection

**CARE PLUS® CARRASCO T-SHIRT CN L/S**



**Product specifications**

Article number Light Blue ■ : 40412-40419  
 EAN code : Various  
 Available in sizes : 86/92 to 170/176

**Sales benefits:**

- Not chemically treated
- UV protective (UPF 40+)
- Soft and comfortable
- Cooling effect
- Fast-drying
- Skin stays fresh and odour-free longer



**CARE PLUS® CARRASO T-SHIRT CN L/S**



**Product specifications**

Article number Lime ■ : 40436-40443  
 EAN code : Various  
 Available in sizes : 86/92 to 170/176

**Sales benefits:**

- Not chemically treated
- UV protective (UPF 40+)
- Soft and comfortable
- Cooling effect
- Fast-drying
- Skin stays fresh and odour-free longer





CARE PLUS® CARRASCO T-SHIRT CN L/S



**Product specifications**

Article number Indigo ■ : 40420-40427  
 EAN code : Various  
 Available in sizes : 86/92 to 170/176

**Sales benefits:**

- Not chemically treated
- UV protective (UPF 40+)
- Soft and comfortable
- Cooling effect
- Fast-drying
- Skin stays fresh and odour-free longer



CARE PLUS® CARRASO T-SHIRT CN L/S



**Product specifications**

Article number Red ■ : 40428-40435  
 EAN code : Various  
 Available in sizes : 86/92 to 170/176

**Sales benefits:**

- Not chemically treated
- UV protective (UPF 40+)
- Soft and comfortable
- Cooling effect
- Fast-drying
- Skin stays fresh and odour-free longer





# Care Plus® Scap

**CARE PLUS® SCAP – UV40+  
MULTIFUNCTIONAL BANDANA**



## Product specifications

Article number Sand	 : 41210
Article number Khaki	 : 41211
Article number Clay	 : 41212
Article number Kit	 : 41213
Article number Black	 : 41214
EAN code	: Various

## Sales benefits:

- Not chemically treated
- UV protective (UPF 40+)
- Effective, comfortable and multifunctional
- Protects against cold, wind and sun
- Can be worn in different ways



*care*<sup>®</sup>  
**PLUS**

*Travel Health Care Products*



**FIRST AID**



# Care Plus® First Aid Kits

## General information

Whether on a day out, a holiday or a long-haul trip, accidents will happen. There are also risks involved in playing sports and exploring the great outdoors. With a Care Plus® First Aid Kit, you are ideally prepared to respond appropriately.

Many accidents occur in and around the home and on holiday - for example blisters, burns, grazes, bites and stings. Treating and binding wounds is essential, certainly in a hot and humid climate where infections can more easily occur. For these situations, we advise a basic package of First Aid materials, possibly supplemented with specific products such as a tick remover, thermometer, emergency blanket or venom extractor. Quality medical facilities are not available all over the world, which means there is a chance of infectious diseases, AIDS and Hepatitis-B. For some (particularly long-haul) destinations, we therefore recommend an extensive First Aid Kit containing sterile medical aids such as needles and syringes.

## Range

With 20 years of experience behind us, our range includes a First Aid Kit for every user, activity and length of trip, ranging from compact to extensive - whether you are working in the garden, on a campsite with the children, enjoying a cycling holiday or travelling through the tropics with a backpack.

## Composition

The Care Plus® First Aid Kits have been put together in consultation with expedition doctors; their contents, purpose, weight and price have been carefully weighed up. The contents are described in words and pictures on the back of the packaging.

## Packaging

All First Aid Kits, compact or extensive, are always practically and conveniently packed in a strong and eye-catching red bag. The bag is big enough to add your own medicines, for example.

- The kits which come in nylon cases are particularly suitable for sportspeople or travellers. The soft packaging makes them easy to store in luggage when space is limited.
- The updated hard bag is particularly suitable for home use and holidays by car. This hard packaging fits in a kitchen cupboard, a car glove compartment or the storage space of a caravan or camper van. The durable packaging provides optimum protection for the products.
- For wet conditions, we offer a kit in a waterproof packaging. This waterproof kit is very buoyant and will not sink when it hits the water.
- FAK Wintersport is water repellent.

## New to our range!

In 2013, Care Plus® launched a series of three lightweight First Aid Kits; Care Plus® First Aid Kit - Light Traveller, Care Plus® First Aid Kit - Light Walker and Care Plus® First Aid Kit - Light Cyclist. These compact sets are ideal for taking with you on day-to-day activities and are easy to store in a bag or rucksack. All three sets contain plasters, bandages and other first aid requisites. The lightweight First Aid Kits can also be taken on board aircraft.

## Care Plus® First Aid Kit Wintersport

The Care Plus® First Aid Kit Wintersport is the first First Aid Kit specially designed for winter sports enthusiasts. Because winter sports holidays involve risk, this kit contains all the medical aids you may need for the most common accidents.



We are also introducing the versatile First Aid Kit Wintersport Pro for the more experienced winter sports enthusiast and more complex injuries. In addition to all the products in the First Aid Kit, this Pro version also contains toe warmers, sun protection for your face, burn gel, duct tape, a splint, a thermometer, a resuscitation mask and a high-quality emergency blanket.



**CARE PLUS® FIRST AID KIT- LIGHT TRAVELLER**



**Product specifications**

Article number : 38300  
 EAN code : 8714024383002  
 Dimensions (l x w x h) : 95 x 30 x 125 mm  
 Weight : 50 grams  
 Order unit : 6 items

**Sales benefits:**

- Ideal for taking with you on your day-to-day activities.
- Easy to store in a bag or rucksack.
- The kit can be taken on board an aircraft.
- Contains first aid requisites for minor injuries at home and while travelling.

**Contents:**

- 4 items alcohol-free wipes
- 12 items waterproof plasters
- 2 items burns compresses
- 2 items non-sticking bandages

**CARE PLUS® FIRST AID KIT- LIGHT WALKER**



**Product specifications**

Article number : 38301  
 EAN code : 8714024383019  
 Dimensions (l x w x h) : 95 x 30 x 125 mm  
 Weight : 50 grams  
 Order unit : 6 items

**Sales benefits:**

- Ideal for taking with you on your day-to-day activities.
- Easy to store in a bag or rucksack.
- The kit can be taken on board an aircraft.
- Contains first aid requisites for walking and hiking.

**Contents:**

- 2 items Alcohol-free wipes
- 5 items Waterproof plasters
- 3 items Blister plasters
- 1 item Tick remover
- 1 item Foot scrub
- 1 item Foot balm



### CARE PLUS® FIRST AID KIT- LIGHT WALKER



#### Product specifications

Article number	: 38302
EAN code	: 8714024383026
Dimensions (l x w x h)	: 95 x 30 x 125 mm
Weight	: 50 grams
Order unit	: 6 items

#### Sales benefits:

- Ideal for taking with you on your day-to-day activities.
- Easy to store in a bag or rucksack.
- The kit can be taken on board an aircraft.
- Contains first aid requisites for cycling.

#### Contents:

2 items	alcohol-free wipes
2 items	hand-cleaning wipes
12 items	waterproof plasters
2 items	burns compresses
3 items	butterfly stitches
2 items	eye and wound rinse water

### CARE PLUS® FIRST AID KIT BASIC



#### Product specifications

Article number	: 38331
EAN code	: 8714024383316
Dimensions (l x w x h)	: 60 x 115 x 238 mm (incl. top card)
Weight	: 150 grams
Order unit	: 1 item

#### Sales benefits:

- The kit can be attached to a belt or bicycle handlebars, etc. with Velcro
- Suitable for the home and short trips, day trips, outdoor sports activities and cycle tours.

#### Contents:

5 items	compresses 5x5 cm	1 item	pair of vinyl gloves
1 item	hydrophilic bandage 5 cm x 4 m	4 items	alcohol wipes
6 items	plasters 19x38 mm	1 item	Epair of first aid scissors (small)
5 items	plasters 25x72 mm	1 item	pair of tweezers
2 items	plasters 60x10 mm	1 item	packet of safety pins (6 pins)
1 item	emergency bandage 12x12 cm	1 item	list of contents
1 item	roll fixing tape 1.25 cm x 1 m		



**CARE PLUS® FIRST AID KIT COMPACT**



**Product specifications**

Article number : 38323  
 EAN code : 8714024383231  
 Dimensions (l x w x h) : 150 x 45 x 204 mm (incl. top card)  
 Weight : 235 grams  
 Order unit : 1 item

**Sales benefits:**

- Kit can be attached using Velcro.
- Suitable for the home and for short trips, day trips, outdoor sports activities and in the car.

**Contents:**

1 item	Care Plus® First Aid Guidance card	1 item	roll of fixing tape 2.5 cm x 5 m
5 items	compresses 5x5 cm	2 items	pair of vinyl gloves
2 items	non-sticking compresses 10x10cm	6 items	alcohol wipes
1 item	hydrophilic bandage 5 cm x 4 m	1 item	pair of first aid scissors (small)
5 items	plasters 19x38 mm	1 item	pair of tweezers
5 items	plasters 25x72 mm	1 item	packet of safety pins (6 pins)
5 items	plasters 60x10 mm	1 item	list of contents
1 item	emergency bandage 12x12 cm		

**CARE PLUS® FIRST AID KIT FAMILY**



**Product specifications**

Article number : 38325  
 EAN code : 8714024383255  
 Dimensions (l x w x h) : 200 x 115 x 200 mm (incl. top card)  
 Weight : 700 grams  
 Order unit : 1 item

**Sales benefits:**

- Very suitable for families.
- Ideal for short and long trips.
- Also includes plasters for children, fingers, blisters and knuckles.

**Contents:**

1 item	Care Plus® First Aid Guidance card	8 items	alcohol wipes
5 items	compresses 5x5 cm	1 item	pair of first aid scissors (large)
6 items	non-sticking compresses 10x10 cm	1 item	pair of tweezers
2 items	hydrophilic bandages 7.5 cm x 4 m	1 item	packet of safety pins (6 pins)
5 items	plasters 19x38 mm	1 item	triangular cloth
15 items	plasters 25x72 mm	1 item	mouth-to-mouth facemask
15 items	plasters 60x10 mm	1 item	emergency blanket
2 items	finger plasters	1 item	thermometer
2 items	knuckle plasters	1 item	tick remover
2 items	blister plasters 5x5 cm	1 item	ice pack
2 items	emergency bandages 12x12 cm	1 item	burns compress 10x10 cm
1 item	roll of fixing tape 2.5 cm x 5 m	2 items	eye & wound rinse 20 ml
2 items	sets of 5 butterfly stitches 3 x 75mm	5 items	plasters for children 60 x 110 mm
1 item	pair of vinyl gloves	1 item	list of contents

**CARE PLUS® FIRST AID KIT ADVENTURER****Product specifications**

Article number	: 38313
EAN code	: 8714024383132
Dimensions (l x w x h)	: 205 x 80 x 227 mm (incl. top card)
Weight	: 385 grams
Order unit	: 1 item

**Sales benefits:**

- Specially developed for use where medical assistance is scarce.
- Ideal for use during outdoor activities and backpacking.
- An extensive set containing sterile materials and bandages and plasters.

**Contents:**

1 item	Care Plus® First Aid Guidance card	1 item	IV needle (Cannula IV) 125 ml/min
5 items	compresses 5x5 cm	1 item	stitching thread & needle 75 cm/nylon
1 item	hydrophilic bandage 5 cm x 4 m	4 items	blood lancets
5 items	plasters 19x38 mm	1 item	pair of vinyl gloves
5 items	plasters 25x72 mm	10 items	alcohol wipes
2 items	plasters 60x10 mm	1 item	pair of first aid scissors (small)
1 item	emergency bandage 12x12 cm	1 item	pair of tweezers
1 item	roll of fixing tape 1.25 cm x 1 m	1 item	scalpel
1 item	set of butterfly stitches (5)	1 item	mouth-to-mouth facemask
6 items	needle & syringe sets 0.6x25 mm / 5 ml	1 item	doctor's statement
6 items	disposable needles 0.8x40 mm	1 item	list of contents



**CARE PLUS® FIRST AID KIT PROFESSIONAL**



**Product specifications**

Article number : 38341  
 EAN code : 8714024383415  
 Dimensions (l x w x h) : 200 x 90 x 260 mm (incl. top card)  
 Weight : 650 grams  
 Order unit : 1 item

**Sales benefits:**

- Most extensive set for areas where hygiene is moderate to poor.
- Suitable for travel guides and groups.
- Contains a doctor's statement for the sterile, bandage and first aid materials.
- Includes a removable bag for day trips.

**Contents:**

1 item	Care Plus® First Aid Guidance card	2 items	pair of vinyl gloves
5 items	compresses 5x5 cm	10 items	alcohol wipes
4 items	non-sticking compresses 10x10 cm	1 item	pair of first aid scissors (large)
1 item	support bandage 7.5 cm x 4.5 m	1 item	pair of tweezers
2 items	hydrophilic bandages 7.5 cm x 4 m	1 item	packet of safety pins (6 pins)
10 items	plasters 25x72 mm	1 item	scalpel
10 items	plasters 60x110 mm	1 item	triangular cloth
2 items	finger plasters	1 item	mouth-to-mouth facemask
2 items	knuckle plasters	1 item	emergency blanket
2 items	blister plasters 5x5 cm	1 item	thermometer
2 items	emergency bandages 12x12 cm	1 item	doctor's statement
1 item	roll of fixing tape 2.5 cm x 5 m	1 item	tick remover
1 item	set of butterfly stitches (5)	1 item	ice pack
6 items	needle & syringe sets 0.6x25 mm / 5 ml	1 item	burns compress 10 x 10 cm
1 item	dental needle 0.4 x 35 mm	2 items	single-use aprons
1 item	IV needle (Cannula IV) 125 ml/min	2 items	eye & wound rinse 20 ml
1 item	stitching thread & needle 75 cm/nylon	4 items	fingerstalls
5 items	blood lancets	1 item	list of contents



### CARE PLUS® FIRST AID KIT WATERPROOF



#### Product specifications

Article number	: 38361
EAN code	: 8714024383613
Dimensions (l x w x h)	: 140 x 80 x 340 mm (incl. top card)
Weight	: 460 grams
Order unit	: 1 item

#### Sales benefits:

- Suitable for active outdoor sports, mountain bikers, water sports enthusiasts and travellers to tropical areas.
- The waterproof packaging protects the first aid materials from rain, splashing, falling into the water and other damp conditions.
- The kit is very buoyant and will float after hitting the water.

#### Contents:

1 item	Care Plus® First Aid Guidance card	10 items	alcohol wipes
5 items	compresses 5x5 cm	1 item	pair of first aid scissors (SMALL)
4 items	non-sticking compresses 10x10 cm	1 item	pair of tweezers
1 item	support bandage 7.5 cm x 4.5 m	1 item	packet of safety pins (6 pins)
2 items	hydrophilic bandages 7.5 cm x 4 m	1 item	triangular cloth
10 items	plasters 25x72 mm	1 item	mouth-to-mouth facemask
10 items	plasters 60x110 mm	1 item	emergency blanket
1 item	finger plaster	1 item	thermometer
1 item	knuckle plaster	1 item	burns compress 10 x 10 cm
1 item	roll of fixing tape 2.5 cm x 5 m	4 items	fingerstalls
1 item	set of butterfly stitches (5)	1 item	list of contents
2 items	pair of vinyl gloves		

### CARE PLUS® FIRST AID KIT WALKER



#### Product specifications

Article number	: 38362
EAN code	: 8714024383620
Dimensions (l x w x h)	: 120 x 85 x 239 mm (incl. top card)
Weight	: 450 grams
Order unit	: 1 item

#### Sales benefits:

- Ideal for Nordic walkers, trekkers and outdoor enthusiasts.
- Specially developed to prevent and treat blisters and other foot injuries.
- Contains the special Care Plus® Blister Treatment Booklet on how best to treat blisters.

#### Contents:

1 item	Care Plus® First Aid Guidance card	5 items	blood lancets
5 items	compresses 5x5 cm	8 items	alcohol wipes
1 item	support bandage 7.5 cm x 4.5 m	1 item	camphor spray
4 items	plasters 19x38 mm	1 item	foot powder
4 items	plasters 25x72 mm	1 item	packet of 5 cotton wool balls
6 items	blister plaster	1 item	booklet on blister treatment
1 item	sports tape, 2.5 cm x 10 cm	1 item	list of contents



**CARE PLUS® FIRST AID KIT MOUNTAINEER**



**Product specifications**

Article number : 38364  
 EAN code : 8714024383644  
 Dimensions (l x w x h) : 225 x 150 x 220 mm (incl. top card)  
 Weight : 850 grams  
 Order unit : 1 item

**Sales benefits:**

- Optimum composition for mountain walkers and mountain climbers.
- Contains a guide to emergency signals and the associated required products.
- Contains special items such as a flexible splint and an emergency blanket to protect against heat or cold.

**Contents:**

1 item	Care Plus® First Aid Guidance card	10 items	alcohol wipes
5 items	compresses 5x5 cm	1 item	pair of first aid scissors (large)
4 items	non-sticking compresses 10x10 cm	1 item	pair of tweezers
1 item	hydrophilic bandages 5 cm x 4 m	1 item	packet of safety pins (6 pins)
1 item	hydrophilic bandage 75 cm x 4 m	2 items	triangular cloths
5 items	plasters 19x38 mm	1 item	mouth-to-mouth facemask
5 items	plasters 25x72 mm	1 item	emergency blanket
5 items	plasters 60x100 mm	1 item	thermometer
2 items	finger plasters	1 item	lipstick/lip balm
2 items	knuckle plasters	1 item	splint
5 items	blister plasters 5x5 cm	1 item	foot powder
2 items	emergency bandages 12x12 cm	1 item	emergency whistle
1 item	roll of fixing tape 2.5 cm x 5 m	1 item	roll duct tape
1 item	sports tape, 2.5 cm x 10 cm	1 item	guide to emergency signals
1 item	set of butterfly stitches (5)	1 item	net bandage
5 items	blood lancets	1 item	list of contents
2 items	pair of vinyl gloves		

**CARE PLUS® FIRST AID KIT EMERGENCY**



**Product specifications**

Article number : 38321  
 EAN code : 8714024383217  
 Dimensions (l x w x h) : 200 x 70 x 140 mm  
 Weight : 470 grams  
 Order unit : 1 item

**Sales benefits:**

- Ideal for long-haul trips, car and camping travellers, family outings and at home.
- The kit offers enough space for your own travel pharmacy.
- Kit can be attached using Velcro.

**Contents:**

1 item	Care Plus® First Aid Guidance card	2 items	sets of butterfly stitches (5)
5 items	compresses 5x5 cm	2 items	pair of vinyl gloves
4 items	non-sticking compresses 10x10 cm	6 items	alcohol wipes
1 item	hydrophilic bandage 5 cm x 4 m	1 item	pair of first aid scissors (large)
1 item	hydrophilic bandage 75 cm x 4 m	1 item	pair of tweezers
5 items	plasters 19x38 mm	1 item	packet of safety pins (6 pins)
5 items	plasters 25x72 mm	1 item	triangular cloth
10 items	plasters 60x100 mm	1 item	mouth-to-mouth facemask
1 item	finger plaster	1 item	emergency blanket
1 item	knuckle plaster	1 item	unbreakable thermometer
1 item	blister plaster 5x5 cm	2 items	burn wounds gel 3.5g
2 items	emergency bandages 12x12 cm	1 item	paraffin gauze 10 x 40cm
1 item	adhesive plaster 2.5 cm x 5 m		

**CARE PLUS® FIRST AID KIT WINTERSPORT****Product specifications**

Article number NL	: 38380
EAN code NL	: 8714024383804
Article number Int.	: 38382
EAN code Int.	: 8714024383828
Dimensions (l x w x h)	: 230 x 50 x 240 mm (incl. top card)
Weight	: 450 grams
Order unit	: 1 item

**Sales benefits:**

- The first First Aid Kit to be specially developed for winter sports enthusiasts in partnership with the Dutch Skiing Association.
- Ideally suited for the most common accidents when skiing or snowboarding.
- Contains specific items such as hand warmers, a waterproof booklet containing important phone numbers and an extra strong emergency blanket.
- Waterproof bag.

**Contents:**

1 item	waterproof contents sheet	1 item	hydrophilic bandage 8 cm x 4 m
1 item	waterproof booklet	1 item	sticking bandage 6 cm x 4 m
2 items	compresses 10 x 10 cm	8 items	plasters 6 cm x 10 cm
1 item	Alupad 10 x 10 cm	6 items	alcohol wipes
1 item	pair of first aid scissors (large)	1 item	set of butterfly stitches (5)
1 item	triangular cloth	1 item	mouth-to-mouth facemask
4 items	safety pins	1 item	pair of tweezers
1 item	sports tape, 2,5 cm x 5 m	1 item	emergency blanket
2 items	pair of vinyl gloves	1 item	sun protection lipstick
1 item	bandage 10 x12 cm	1 item	pair of hand warmers
3 items	blister plasters		



**CARE PLUS® FIRST AID KIT  
WINTERSPORT PRO**



**Product specifications**

Article number NL : 38381  
 EAN code NL : 8714024383811  
 Article number Int. : 38383  
 EAN code Int. : 8714024383835  
 Dimensions (l x w x h) : 230 x 90 x 240 mm (incl. top card)  
 Weight : 750 grams  
 Order unit : 1 item

**Sales benefits:**

- The first Professional First Aid Kit to be specially developed for winter sports enthusiasts in partnership with the Dutch Skiing Association.
- Ideally suited for the most common accidents during winter sports and also for more complex injuries.
- Contains specific items such as hand warmers, a waterproof booklet with important phone numbers, burn gel, CPR mask in box, trauma bandage, splint and an extra strong emergency blanket.
- Waterproof bag.
- Suitable for experienced skiers, ski teachers and off-piste skiers and snowboarders.

**Contents:**

1 item	waterproof contents sheet	6 items	alcohol wipes
1 item	waterproof booklet	1 item	set of butterfly stitches (5)
2 items	compresses 10 x 10 cm	1 item	CPR mask in box
1 item	Alupad 10 x 10 cm	1 item	pencil
1 item	pair of first aid scissors (large)	1 item	emergency blanket
1 item	triangular cloth	1 item	face & lip sun protection
4 items	safety pins	1 item	pair of hand warmers
1 item	sports tape, 2.5 cm x 5 m	1 item	pair of toe warmers
2 items	pair of vinyl gloves	1 item	thermometer
1 item	bandage 10 x12 cm	1 item	burn relief gel
3 items	blister plasters	1 item	trauma bandage
1 item	hydrophilic bandage 8 cm x 4 m	1 item	splint
1 item	sticking bandage 6 cm x 4 m	1 item	duct tape, 5 cm x 1 m
8 items	plasters 6 cm x 10 cm		



### CARE PLUS® FIRST AID KIT START



#### Product specifications

Article number	: 38371
EAN code	: 8714024383712
Dimensions (l x w x h)	: 130 x 80 x 175 mm
Weight	: 185 grams
Order unit	: 1 item

#### Sales benefits:

- The new hard bag offers optimum protection for the first aid materials.
- Ideally suited for backpackers, short trips, day trips and business trips.
- Ideal for keeping within reach in a glove compartment or kitchen cupboard.
- Kit can be attached using Velcro.

#### Contents:

1 item	Care Plus® First Aid Guidance card	1 item	pair of tweezers
12 items	assorted plasters	1 item	medium plaster
4 items	alcohol-free wipes	2 items	pair of vinyl gloves
2 items	non-sticking compresses 5cm x 5cm	1 item	pair of first aid scissors
2 items	burns compresses	12 items	assorted safety pins
1 item	microporous bandage 1.25cm x 1m	1 item	no. 16 eye compress
5 items	sterile compresses	1 item	list of contents

### CARE PLUS® FIRST AID KIT START PLUS



#### Product specifications

Article number	: 38372
EAN code	: 8714024383729
Dimensions (l x w x h)	: 160 x 75 x 185 mm
Weight	: 275 grams
Order unit	: 1 item

#### Sales benefits:

- The new hard bag offers optimum protection for the first aid materials.
- Ideal for car and camping travellers, family outings, long-haul trips and at home.
- Kit can be attached using Velcro.

#### Contents:

1 item	Care Plus® First Aid information card	1 item	stretch bandage 5cm x 4.5m
12 items	assorted plasters	1 item	pair of tweezers
4 items	alcohol-free wipes	12 items	assorted safety pins
2 items	non-sticking compresses 5cm x 5cm	1 item	microporous bandage 1.25cm x 5m
2 items	burns compresses	1 item	pair of stainless steel scissors
2 items	pair of vinyl gloves	1 item	no. 16 eye compress
2 items	medium plasters	5 items	sterile compresses
1 item	triangular cloth	1 item	list of contents



**CARE PLUS® FIRST AID KIT  
BURNS & GRAZES**



**Product specifications**

Article number : 38373  
 EAN code : 8714024383736  
 Dimensions (l x w x h) : 170 x 100 x 200 mm  
 Weight : 400 grams  
 Order unit : 1 item

**Sales benefits:**

- The new hard bag offers optimum protection for the first aid materials.
- Specially developed for the care of burns and grazes.
- Ideal for car and camping travellers, family outings, long-haul trips, by the barbecue and at home.
- Kit can be attached using Velcro.

<b>Contents:</b>	1 item	stretch bandage 5cm x 4.5m
1 item Care Plus® First Aid information card	1 item	pair of tweezers
12 items assorted plasters	12 items	assorted safety pins
4 items alcohol-free wipes	1 item	microporous bandage 1.25cm x 5m
2 items non-sticking compresses 5cm x 5cm	1 item	pair of stainless steel scissors
2 items burns compresses	2 items	Sterikool bandages 10cm x 10cm
2 items pair of vinyl gloves	2 items	Sterikool burns gel 3.5g
2 items medium plasters 12 x 12 cm	1 item	cetrimide cream
1 item no. 16 eye compress	1 item	list of contents
1 item triangular cloth		

**CARE PLUS® FIRST AID KIT  
BITES AND STINGS**



**Product specifications**

Article number : 38374  
 EAN code : 8714024383743  
 Dimensions (l x w x h) : 200 x 110 x 235 mm  
 Weight : 530 grams  
 Order unit : 1 item

**Sales benefits:**

- The new hard bag offers optimum protection for the first aid materials.
- Specially formulated to treat bites and stings.
- Ideal for car and camping travellers, family outings, long-haul trips and at home.
- Kit can be attached using Velcro.

<b>Contents:</b>	1 item	stretch bandage 5cm x 4.5m
1 item Care Plus® First Aid information card	1 item	pair of tweezers
12 items assorted plasters	12 items	assorted safety pins
4 items alcohol-free wipes	1 item	microporous bandage 2.5cm x 5m
2 items non-sticking compresses 5cm x 5cm	1 item	pair of stainless steel scissors
2 items burns compresses	1 item	tick remover
2 items pair of vinyl gloves	1 item	Venimex pump
2 items medium plasters 12 x 12 cm	1 item	After bite gel
1 item no. 16 eye compress	1 item	list of contents
1 item triangular cloth		



### CARE PLUS® FIRST AID KIT EMERGENCY



#### Product specifications

Article number	: 38375
EAN code	: 8714024383750
Dimensions (l x w x h)	: 220 x 140 x 240 mm
Weight	: 800 grams
Order unit	: 1 item

#### Sales benefits:

- The new hard bag offers optimum protection for the first aid materials.
- Ideal for long-haul trips, car and camping travellers, family outings and at home
- The kit offers enough space for your own travel pharmacy.
- Kit can be attached using Velcro.

#### Contents:

1 item	Care Plus® First Aid information card	1 item	pair of first aid scissors (large)
40 items	assorted plasters	2 items	sets of butterfly stitches (5 in each)
4 items	alcohol wipes	4 items	fingerstalls
4 items	non-sticking compresses 10cm x 10cm	1 item	mouth-to-mouth facemask
2 items	pair of vinyl gloves	1 item	plaster
3 items	medium plasters	1 item	stretch bandage 7.5cm x 4.5m
2 items	eye compresses no. 16	1 item	emergency blanket
2 items	triangular cloths	1 item	thermometer
1 item	stretch bandage 5cm x 4.5m	1 item	ice pack
1 item	pair of tweezers	1 item	blister plaster
12 items	safety pins	2 items	sterikool burns gel 3.5g
1 item	microporous bandage 2.5cm x 5m	1 item	list of contents

### CARE PLUS® FIRST AID KIT STERILE



#### Product specifications

Article number	: 38376
EAN code	: 8714024383767
Dimensions (l x w x h)	: 170 x 95 x 210 mm
Weight	: 245 grams
Order unit	: 1 item

#### Sales benefits:

- Developed for travellers to regions where hygiene and medical care are poor and where there is an increased risk of hepatitis B infections and AIDS.
- This set contains a doctor's statement.
- The new hard bag offers optimum protection for the first aid materials.
- Ideally suited for long-haul trips, car and camping travellers.

#### Contents:

1 item	Care Plus® First Aid information card	1 item	tooth needle 0.4 x 35 mm
20 items	assorted plasters	5 items	disposable syringes 5ml
2 items	pair of vinyl gloves	5 items	disposable syringes 0.4 x 20 mm
6 items	alcohol wipes	5 items	disposable syringes 0.8 x 40
1 item	stitching thread and needle	3 items	disposable syringes 2ml
1 item	scalpel	5 items	blood lancets
1 item	doctor's statement	1 item	list of contents
1 item	IV needle (Cannula IV) 125ml/min		



# First Aid accessoires

## General information

Besides First Aid Kits, Care Plus® offers an extensive range of accessories. With our First Aid accessories in your pack, you can deal with inconveniences large and small - for example, treating bites and stings, foot care or combating cold or heat.

## Risk of a tick bite

A tick is an arachnid arthropod parasite that feeds on the blood of humans and animals. Ticks are dangerous because they can transmit all kinds of disease vectors while sucking blood. Worldwide, 800 varieties of ticks are known, which may be divided into two families: hard and soft ticks. Hard ticks are found all over the world, soft ticks primarily in tropical and subtropical regions. The hard ticks include the vectors of Lyme borreliosis and TBE viruses. Lyme's disease, a serious infectious disease, is an increasing risk to public health in Europe. The clinical picture of Lyme borreliosis is very complex; an exact clinical picture is hard to give. Symptoms are the appearance of a red ring on the skin (Erythema migrans), fever ('Borreliosis flu'), paralysis, tiredness, pain and reduced function. A tick fully engorged with blood which has been attached for more than eight hours is regarded as a potential vector of Lyme borreliosis.

## Prevention, checking, removal and testing

Following a tick bite, Care Plus® recommends the following action:

### Stap 1: Prevention

Ticks climb up from the ground and therefore generally first come into contact with feet, ankles and the lower legs. For this reason, you should wear covering clothing to prevent tick bites and stick your trouser legs inside your socks. Wearing impregnated Bugsox gives the feet and ankles extra protection against ticks. We recommend that you apply DEET, Natural or Sensitive to the uncovered skin.

### Stap 2: checking

Check the skin for any tick bites.

### Stap 3: removal

In order to easily and safely remove the tick, we recommend the Care Plus® Tick-Out. The special gripping mouth of the tick remover gets a good hold of the tick and does not damage it. Moreover, the gripping surface has a notch for removing nymphs, the life phase of a young tick. Important: do not use alcohol or a cigarette to anaesthetise the tick and do not destroy the tick by pinching it. This will cause the tick to go into shock and it will inject the pathogens into its host.

### Stap 4: testing

After a tick bite, it is important to act fast. Waiting for the first disease symptoms is undesirable, because by then the infection may already be chronic. The Care Plus® Tick-test is a ground-breaking product. With this self-diagnosis tick test, you can determine immediately after the bite whether the tick is infected with the Borrelia bacteria, which can transmit Lyme's disease. If the tick tests positive, a doctor can prescribe the appropriate treatment.

More information is available at [www.stopdeteek.nl](http://www.stopdeteek.nl).

## After the bite or sting

Stings and bites from insects and other vermin can cause irritation, itching, redness and swellings. Some cases, such as bee and wasp stings, can cause serious allergic reactions. Acting appropriately after a sting or bite is therefore essential.

## Venom extractor

The Care Plus® Venimex is a venom extractor which enables venomous bites and stings to be easily sucked out. This prevents venom from spiders, bees, wasps, scorpions, weevils, etc. from spreading around the body. The venom extractor can be used without the help of another person and is suitable for all ages.



### **Insect Bite Gel**

The Care Plus® Insect Bite Gel reduces itching and calms irritation after insect stings and bites from mosquitoes, wasps, horse-flies, etc. and after touching jellyfish and stinging nettles.

### **Click-away**

The Care Plus® Click-Away reduces itching and swelling without the use of creams and chemicals. This revolutionary device uses the power of quartz crystals to deliver a high-voltage, low-amperage shock. The pulses (approx. five times) cause the histamine production in the body to break down. The Care Plus® Click-Away has been clinically tested and is safe for children over the age of 4, has no batteries or use-by date and is good for 4,000 treatments.

### **Emergency blanket to protect against cold or heat**

The Care Plus® Emergency Blanket protects against cold or heat. The emergency blanket can be used in case of accidents, fire and bad weather. With the silver side facing inwards, the aluminium layer reflects approximately 80% of the body temperature back, so preventing hypothermia and freezing. With the silver side facing outwards, the sun's rays are reflected back and the body, car or tent remains cool.

### **Foot care prevents blisters**

Long walks, perhaps lasting several days, are tough on the feet. A firm and dry skin reduces the risk of blisters. Care Plus® offers two indispensable products for every walker.

### **Camphor Spray**

Care Plus® Camphor Spray hardens the skin and prevents the formation of blisters. Spray the feet daily from two to three weeks before your hiking trip. During and after walking, the spray cools, freshens and eases tired muscles and feet. Can also be used for cleaning the skin before a plaster is applied.

### **Foot Powder**

Care Plus® Foot Powder absorbs moisture, dries the feet and helps to prevent blisters. It also cools the skin and reduces and prevents a burning sensation. Dust the feet with foot powder before and during your hiking trip. Let the feet dry in the air before applying the foot powder and blow away excess foot powder before putting your socks on. Foot powder is also useful for sprinkling onto the sticking edges of plasters and tape to make clothing less likely to stick to them.

Besides using Camphor Spray and Foot Powder, we advise walkers to do the following:

- Remove rough or irregular calluses.
- Wear properly fitting, worn-in and well ventilated shoes suited to the terrain.
- Wear properly fitting, seamless socks.
- During the walk, regularly put on dry socks.
- Make sure toenails are cut short.
- Avoid irregularities in your footwear, such as a stone or a sock folded double.
- Stick pressure points or places which rub a lot with tape (overlapping).



**CARE PLUS® TICK-TEST**



**Product specifications**

Article number	: 38401
EAN code	: 8714024384016
Dimensions (l x w x h)	: 85 x 27 x 124 mm
Weight	: 30 grams
Packaging	: sealed
Order unit	: 6 items

**Sales benefits:**

- Test whether the tick is carrying the Borrelia bacteria (the vector of Lyme’s disease) immediately after a tick bite.
- If the test is positive, appropriate treatment can be started immediately, contributing to the successful treatment and curing of Lyme’s disease.
- Proof for your GP.

**How does the tick test work?**

- Safely remove the tick using the Care Plus® Tick-Out tick remover within 8 hours of a tick bite.
- Note the date of the tick bite in the diary.
- Deposit the tick in the sealable tube.
- Drip the fluid onto the tick according to the instructions.
- Pulverise the tick using the wooden stick.
- Suck up the mixture with the pipette and put 2-3 drops in the test eye of the Care Plus® Tick test cassette.
- Wait for max. 20 minutes.
- The test is positive (i.e. the tick has the Borrelia bacteria) as soon as a red line appears by the T and C. T indicates that the tick has the Borrelia bacteria and C means the test has been successful.

**CARE PLUS® TICK-TEST DISPLAY**



**Product specifications**

Article number	: 38406
EAN code	: 8714024384061
Dimensions (l x w x h)	: 173 x 163 x 128 mm
Weight	: 450 grams
Contents	: 12 x Article no. 38401
Packaging	: Display
Order unit	: 1 item

**Sales benefits:**

- Test whether the tick is carrying the Borrelia bacteria (the vector of Lyme’s disease) immediately after a tick bite.
- If the test is positive, appropriate treatment can be started immediately, contributing to the successful treatment and curing of Lyme’s disease.
- Proof for your GP.



### CARE PLUS® TICK-OUT



#### Product specifications

Article number	: 38391
EAN code	: 8714024383910
Dimensions (l x w x h)	: 80 x 18 x 176 mm
Weight	: 25 grams
Order unit	: 6 items

#### Sales benefits:

- Specially developed gripping mouth (also for nymphs), with minimum risk of damaging the tick.
- Includes two alcohol cloths for disinfecting the bite location AFTER removing the tick.

### CARE PLUS® VENIMEX®



#### Product specifications

Article number	: 38700
EAN code	: 8714024387000
Dimensions (l x w x h)	: 60 x 45 x 185 mm
Weight	: 155 grams
Order unit	: 6 items

#### Sales benefits:

- The Care Plus® Venimex is patented and has been tested by the Laboratoire National d'Essais Français.
- Extremely high suction (803 mbar when using the small suction cup).
- Includes two suction cups (can be used in 3 different ways).
- Suitable for all ages.
- Handy all-in-1 packaging to take with you on a walk through the woods or while travelling.
- The automatic venom extractor can be used without help from another person.



**CARE PLUS® VENIMEX® DISPLAY**



**Product specifications**

Article number	: 38705
EAN code	: 8714024387055
Dimensions (l x w x h)	: 235 x 210 x 460 mm
Weight	: 1400 grams
Contents	: 6 x Article no. 38700
Packaging	: Display
Order unit	: 1 item

**Sales benefits:**

- The Care Plus® Venimex is patented and has been tested by the Laboratoire National d'Essais Français.
- Extremely high suction (803 mbar when using the small suction cup).
- Includes two suction cups (can be used in 3 different ways)
- Suitable for all ages.
- Handy all-in-1 packaging to take with you on a walk through the woods.
- The automatic venom extractor can be used without help from another person.

**CARE PLUS® CLICK-AWAY**



**Product specifications**

Article number	: 38500
EAN code	: 8714024385006
Dimensions (l x w x h)	: 80 x 27 x 177 mm
Weight	: 22 grams
Order unit	: 6 items

**Sales benefits:**

- Reduces swelling and itching.
- Very compact, handy for in your wash bag or first aid kit.
- Does not stain clothing.
- More than 4,000 treatments.
- Does not need batteries.



### CARE PLUS® INSECT BITE GEL



#### Product specifications

Article number	: 38610
EAN code	: 8714024386102
Dimensions (l x w x h)	: 80 x 27 x 180 mm
Weight	: 40 grams
Contents	: 25 ml
Order unit	: 6 items

#### Sales benefits:

- Specially developed to soften and calm the skin following insect bites.

### CARE PLUS® EMERGENCY BLANKET



#### Product specifications

Article number	: 38221
EAN code	: 8714024382210
Dimensions (l x w)	: 1600 x 2130 mm (folded out)
Dimensions of packaging (l x w x h)	: 80 x 14 x 110 mm
Weight	: 55 grams
Order unit	: 12 items

#### Sales benefits:

- For use after industrial, traffic or skiing accidents or accidents in the mountains, fire and bad weather.
- For protection against heat and cold.



**CARE PLUS® FOOT POWDER**



**Product specifications**

Article number	: 38202
EAN code	: 8714024382029
Dimensions (ø x h)	: 51 x 87 mm
Weight	: 60 grams
Contents	: 40 grams
Order unit	: 6 items

**Sales benefits:**

- Dries the feet and helps to prevent blisters.
- Cools the skin and absorbs moisture.
- Reduces and prevents a burning sensation on the feet.

**CARE PLUS® CAMPHOR SPRAY**



**Product specifications**

Article number	: 38203
EAN code	: 8714024382036
Dimensions (ø x h)	: 36 x 110 mm
Weight	: 70 grams
Contents	: 60 ml
Order unit	: 6 items

**Sales benefits:**

- Cools, freshens and eases tired muscles and feet.
- Hardens the skin, so preventing blisters.
- Also for use during and after a hiking trip.

**CARE PLUS® FLITE-MATE**



**Product specifications**

Article number	: 38480
EAN code	: 8714024384801
Dimensions (l x w x h)	: 80 x 15 x 180 mm
Weight	: 15 grams
Order unit	: 6 items

**Sales benefits:**

- Jet-lag symptoms are reduced by wearing the Flitemate Earplug.
- Tested as sound reducing ear plugs (ANSI S 3.19,1974).
- Reusable air pressure regulating ear plugs.
- Handy storage box to take with you in your hand baggage.

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**HYGIENE**



# Care Plus® Hygiene

## General information

When travelling, water for consumption or washing is not always available. Moreover, the quality of the available water is not high everywhere in the world. Poor hygienic conditions while travelling often lead to stomach or intestinal infections, traveller's diarrhoea or dehydration. Care Plus® offers an extensive range of products which contribute to optimum hygiene while travelling, centring on rehydration, water purification and personal hygiene.

## Food hygiene and rehydration

We advise you to take care when choosing a meal or a drink while travelling. What is the level of hygiene in the restaurant and how is the meal being prepared?

We also recommend drinking sufficient water during or after sporting activities, such as walking, cycling, mountain climbing and diving. If you lose a lot of moisture as a result of traveller's diarrhoea or physical exertion, you can become dehydrated. Children and old people in particular become dehydrated very quickly. By taking the right nutritional supplements, consisting of salts and glucose, you can make up for any shortages. O.R.S. (Oral Rehydration Salts) should be part of every travel pharmacy.

## Water hygiene

Drinking water can be contaminated with micro-organisms, bacteria and viruses, or be chemically polluted with agricultural chemicals and heavy metals, etc. Micro-organisms can cause infectious diseases, particularly in the intestinal tract. Diarrhoea is the most common problem.

In Western Europe and North America, tap water is of good quality. Outside of those regions, we recommend taking additional measures to purify drinking water. In a caravan or camper van, too, it is important to purify the water in the water tank.

We recommend water disinfection in all cases when there is any doubt about the reliability of the drinking water. The Care Plus® drinking water disinfectant consists of the correct chlorine solution. After 30 minutes' reaction time, the water is purified and the taste and odour of the chlorine solution has disappeared. The product is safe, effective and can be stored for longer. Availability is dependent on local biocides regulations.

## Personal hygiene

Clean water, soap and a clean towel are indispensable for optimum personal hygiene. Washing (hands) while travelling is not always possible, or may be different than you are used to at home. We recommend the use of disinfectant products, which reduce the chances of bacterial growth and disease vectors. Dirty hands in particular are a major source of infections. With the Care Plus® Hygiene products, you can freshen up, disinfect, wash and dry yourself. The products are convenient, lightly packaged and fully geared to the wishes and needs of the traveller.

## New to our range!

Care Plus® Bodyspray is a cooling and refreshing spray for the whole body, with a sweat and odour inhibiting effect thanks to unique ingredients such as horsetail, Decosoft® Decalat and Corum 9230. This body spray keeps you fresh during outdoor activities, at home and while travelling.

**CARE PLUS® BODY SPRAY****Product specifications**

Article number	: 34841
EAN code	: 8714024348414
Dimensions (l x w x h)	: 48 x 30 x 145 mm
Weight	: 108 grams
Contents	: 100 ml
Packaging	: Display
Order unit	: 12 items

**Sales benefits:**

- Freshen up without the use of soap and water.
- Reduces sweat odour.
- Immediate cooling effect.
- Evaporates quickly and does not stick.

**CARE PLUS® CLEAN – PRO HYGIENE GEL****Product specifications**

Article number	: 34813
EAN code	: 8714024348131
Dimensions (l x w x h)	: 48 x 35x 124 mm
Weight	: 110 grams
Contents	: <b>100 ml</b>
Order unit	: 12 items

Article number	: 34801
EAN code	: 8714024348018
Dimensions of gel (l x w x h)	: 35 x 25 x 85 mm
Weight of gel	: 40 grams
Contents of gel	: <b>30 ml</b>
Order unit	: 24 items

Article number	: 34808
EAN code	: 8714024348087
Display dimensions (l x w x h)	: 120 x 120 x 342 mm
Weight of display	: 2150 grams
Contents	: 60 x Article no. 34801

**Sales benefits:**

- Antibacterial gel which protects the hands against harmful outside influences.
- Kills 99.9% of all harmful germs.
- Disinfects and cleans the hands without the use of soap and water.





**CARE PLUS® CLEAN – BIO SOAP**



**Product specifications**

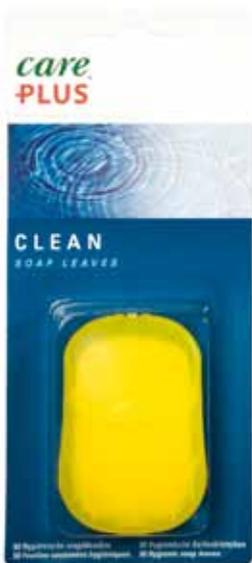
Article number	: 34830
EAN code	: 8714024348308
Dimensions (l x w x h)	: 48 x 35 x 124 mm
Weight	: 115 grams
Contents	: 100 ml
Order unit	: 12 items

**Sales benefits:**

- Suitable for use at home and while travelling.
- Suitable for washing hands, skin, hair, clothes and even the dishes!
- Made from organic ingredients.
- Can be used in brackish and salty water.



**CARE PLUS® CLEAN – SOAP LEAVES**



**Product specifications**

Article number	: 34840
EAN code	: 8714024348407
Dimensions (l x w x h)	: 80 x 18 x 180 mm
Weight	: 20 grams
Contents	: 50 soap leaves
Order unit	: 6 items

**Sales benefits:**

- Compact, fits in your handbag, rucksack or trouser pocket.
- Pleasant odour.

**CARE PLUS® TRAVELJOHN****Product specifications**

Article number	: 37540
EAN code	: 8714024357403
Dimensions (l x w x h)	: 115 x 50 x 139 mm
Weight	: 150 grams
Contents	: 3 urine bags
Order unit	: 6 items
Other information	: Unisex

**Sales benefits:**

- Specially designed for any place there is no toilet available.
- Odour-free, non-leak and suitable for multiple use up to the absorption capacity of 800ml.
- Biodegradable.

**CARE PLUS® O.R.S. – ELECTROLYTE****Product specifications**

Article number	: 31100
EAN code	: 8714024311005
Dimensions (l x w x h)	: 85 x 21 x 125 mm
Weight	: 65 grams
Contents	: 12 sachets, 5.7 grams each
Packaging	: sealed
Order unit	: 6 items

**Sales benefits:**

- Promotes fluid absorption from the intestines in case of loose stools or excessive transpiration.
- Ideal when undergoing physical exertion such as walking, cycling, mountain climbing and playing sports.
- Fresh taste thanks to the lemon and lime aroma.
- Suitable for all ages.



**CARE PLUS® O.R.S. – ELECTROLYTE DISPLAY**



**Product specifications**

Article number	: 31105
EAN code	: 8714024311050
Dimensions (l x w x h)	: 173 x 163 x 128 mm
Weight	: 1014 grams
Contents	: 12 x Article no. 31100
Packaging	: Display
Order unit	: 1 item

**Sales benefits:**

- Promotes fluid absorption from the intestines in case of loose stools or excessive transpiration.
- Ideal when undergoing physical exertion such as walking, cycling, mountain climbing and playing sports.
- Fresh taste thanks to the lemon and lime aroma.
- Suitable for all ages.

**CARE PLUS® HADEx® WATER DISINFECTANT**



**Product specifications**

Article number	: 34130
EAN code	: 8714024341309
Dimensions (l x w x h)	: 35 x 35 x 100 mm
Weight	: 50 grams
Contents	: 30 ml
Packaging	: sealed
Order unit	: 6 items

**Sales benefits:**

- Suitable for all drinking water where there are doubts about its bacteriological reliability.
- The only registered drinking water disinfectant in the Netherlands.
- Disinfects water from taps, sources and wells.
- Handy dosing (one drop per glass of water).

### CARE PLUS® HADEX® WATER DISINFECTANT DISPLAY



#### Product specifications

Article number	: 34135
EAN code	: 8714024341354
Dimensions (l x w x h)	: 110 x 145 x 100 mm
Weight	: 650 grams
Contents	: 12 x Article no. 34130
Packaging	: Display
Order unit	: 1 item

#### Sales benefits:

- Suitable for all drinking water where there are doubts about its bacteriological reliability.
- The only registered drinking water disinfectant in the Netherlands.
- Disinfects water from taps, sources and wells.
- Handy dosing (one drop per glass of water).

### CARE PLUS® TRAVEL TOWEL – MICROFIBRE PRO HYGIENE



#### Product specifications

Article number	: 34940
EAN code	: 8714024349404
Dimensions of towel (l x w)	: <b>400 x 800 mm</b>
Dimensions of packaging (l x w x h)	: 158 x 40 x 215 mm
Weight	: 200 grams
Contents	: Towel and flannel

Article number	: 34950
EAN code	: 8714024349503
Dimensions of towel (l x w)	: <b>600 x 1200 mm</b>
Dimensions of packaging (l x w x h)	: 160 x 60 x 215 mm
Weight	: 340 grams
Contents	: Towel and flannel

Article number	: 34960
EAN code	: 8714024349602
Dimensions of towel (l x w)	: <b>750 x 1500 mm</b>
Dimensions of packaging (l x w x h)	: 190 x 65 x 250 mm
Weight	: 470 grams
Contents	: Towel and flannel

#### Sales benefits:

- Antibacterial thanks to the silver threads incorporated into the towel.
- Absorbs 7 times its own weight.
- Stays fresh and odour-free longer.
- An extra soft side for optimum comfort.



**CARE PLUS® TRAVEL TOWEL – MICROFIBRE TOWEL**



**Product specifications**

Article number : 34900  
 EAN code : 8714024349008  
 Dimensions of towel (l x w) : **400 x 800 mm**  
 Dimensions of packaging (ø x w) : 90 x 160 mm  
 Weight : 132 grams

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Article number : 34910  
 EAN code : 8714024349107  
 Dimensions of towel (l x w) : **600 x 1200 mm**  
 Dimensions of packaging (ø x w) : 115 x 220 mm  
 Weight : 260 grams

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Article number : 34920  
 EAN code : 8714024349206  
 Dimensions of towel (l x w) : **750 x 1500 mm**  
 Dimensions of packaging (ø x w) : 120 x 260 mm  
 Weight : 360 grams

**Sales benefits:**

- Absorbs more than 7 times its own weight.
- Handy ventilating case.
- One extra soft side for optimum comfort.

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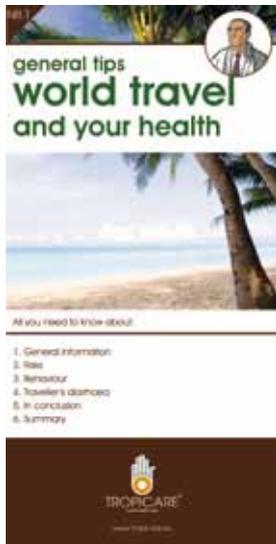
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**REFERENCE BOOKS**

# “Long-distance travel & your health” leaflets

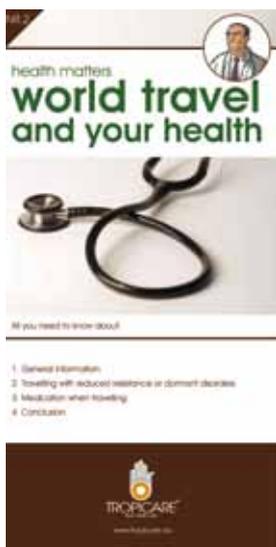
Tropicare® has been producing leaflets on the theme of “Long-distance travel & your health” since 1992. Currently, there are three leaflets available:



## 1. General Tips

The health risks which travellers face such as food hygiene, personal hygiene, traveller's diarrhoea and malaria.

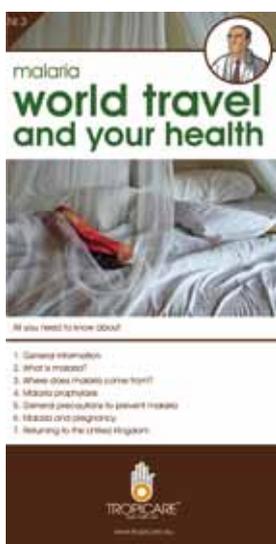
Article number	: 35710
EAN code	: 8714024357102
Dimensions of leaflet (l x h)	: 200 x 100 mm
Packaging	: per 100 items
Order unit	: 1 item



## 2. Health aspects

For travellers who leave home on regular medication or with health complaints; describes which measures they should take.

Article number	: 35720
EAN code	: 8714024357201
Dimensions of leaflet (l x h)	: 200 x 100 mm
Packaging	: per 100 items
Order unit	: 1 item



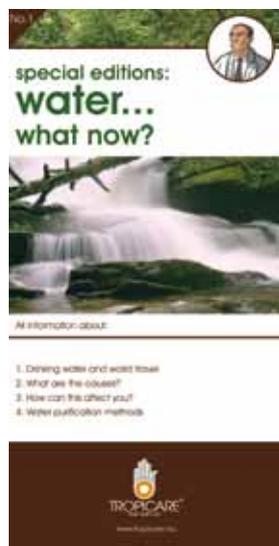
## 3. Malaria

Gives succinct information about the malaria mosquito, such as how a malaria infection can be prevented, what the symptoms of malaria are and what to do if a malaria infection occurs.

Article number	: 35730
EAN code	: 8714024357300
Dimensions of leaflet (l x h)	: 200 x 100 mm
Packaging	: per 100 items
Order unit	: 1 item

# “Specials” Leaflets

Tropicare® has written information leaflets on a number of subjects. These leaflets are available free of charge.



## 1. Water... what now?

Provides important information about water, such as water hygiene, which diseases are carried by impure water, how water can be purified and what to use, what to watch out for and other useful information.

Article number	: 35610
EAN code	: 8714024356105
Dimensions of leaflet (l x h)	: 200 x 100 mm
Packaging	: per 50 items
Order unit	: 1 item



## 2. Your teeth are going away too:

Even if it is not the first thing you may think of, good dental preparations are important before long-distance travel. This is particularly true if the state of your teeth is not ideal. For example, toothache can be an extremely troublesome and unexpected problem for travellers. It may not be life-threatening, but it can spoil a holiday. This leaflet contains tips and information in case such problems occur during your holiday.

Article number	: 35620
EAN code	: 8714024356204
Dimensions of leaflet (l x h)	: 200 x 100 mm
Packaging	: per 50 items
Order unit	: 1 item



## 3. Ticks, your unwelcome guest:

This leaflet contains all the information you need about ticks and which diseases these small arachnids carry. It also contains useful tips for preventing tick bites and how a tick can best be removed.

Article number	: 35630
EAN code	: 8714024356303
Dimensions of leaflet (l x h)	: 200 x 100 mm
Packaging	: per 50 items
Order unit	: 1 item

# Brochures

Since 2003, Tropicare® has been responsible for the sale and distribution of the familiar leaflets produced by the Royal Tropical Institute (KIT), called:



## 1. How do I stay healthy in the tropics?

Preparation, diseases, vaccinations, medicines to be used and any problems upon returning to the Netherlands are covered concisely.

Article number	: 35810
EAN code	: 8714024358109
Dimensions of brochure (l x h)	: 100 x 160 mm
Order unit	: 1 item



## 2. Healthy travel with children

A handy reference work which provides answers to the most important medical questions which parents have when a child falls ill or has an accident.

Article number	: 35820
EAN code	: 8714024358208
Dimensions of brochure (l x h)	: 100 x 160 mm
Order unit	: 1 item



## 3. How do I stay healthy at altitude?

This explains what altitude sickness involves and simple steps you can take to prevent it.

Article number	: 35840
EAN code	: 8714024358406
Dimensions of brochure (l x h)	: 100 x 160 mm
Order unit	: 1 item



## 4. How do I stay healthy at depth?

Everything about deep-sea diving and the situations which it involves.

Article number	: 35850
EAN code	: 8714024358505
Dimensions of brochure (l x h)	: 100 x 160 mm
Order unit	: 1 item



## 5. First aid when travelling

This booklet discusses something not many people know about: what to do if something goes wrong when travelling, what you may (and may not) do and what you should not be without!

Article number	: 35860
EAN code	: 8714024358604
Dimensions of brochure (l x h)	: 100 x 160 mm
Order unit	: 1 item

# Books



## 1. Beten en Steken (Bites and Stings) - Willem Takken

Beten en Steken offers a clear overview of the most important groups of insects, ticks and other nuisances we regularly encounter. For each of the 46 organisms described, the life cycle, feeding method, health risk and the extent of problems they cause us are detailed.

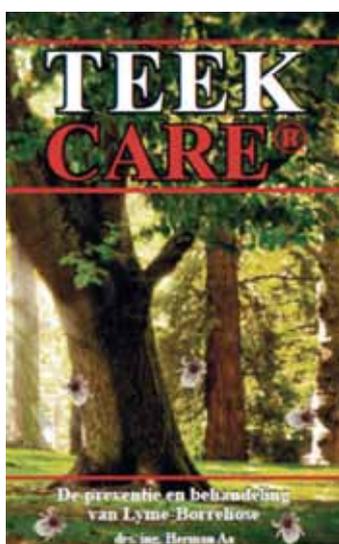
Article number	: 35880
EAN code	: 8714024358802
Dimensions of book (l x w x h)	: 115 x 10 x 190 mm
Order unit	: 1 item



## 2. Mug (Mosquito) - Bart Knols

In Mug, entomologist Bart Knols delves into the fascinating and merciless world of these blood suckers. Mug answers mosquito questions such as: does eating garlic or drinking beer protect you against mosquitoes? And why does one person always get bitten when another never does? He also describes how mosquitoes have shaped the course of world history.

Article number	: 35890
EAN code	: 8714024358901
Dimensions of book (l x w x h)	: 140 x 22 x 210 mm
Order unit	: 1 item



## 3. Teek Care® - Dr. Herman Aa (a Dutch doctor)

He primarily became famous with his animal consultation in the programme Dierenmanieren by Martin Gaus. Herman Aa has also conducted independent research into all the neurotoxins and biotoxins transmitted by biting animals, recently focusing in particular on Lyme's disease and the risk of tick bites in humans. He has incorporated the findings from his research in the book Teek Care®. This contains everything you need to know about these arachnids.

Article number	: 35891
EAN code	: 8714024358918
Dimensions of book (l x w x h)	: 126 x 200 mm
Order unit	: 1 item







**INSECT BITE PREVENTION**

**SUN PROTECTION**

**FIRST AID**

**HYGIENE**

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